



# Tapping Unmet Need for Family Planning – Opportunity for Contraceptive Uptake

**Zeba A. Sathar**  
Country Director  
Population Council, Pakistan Office

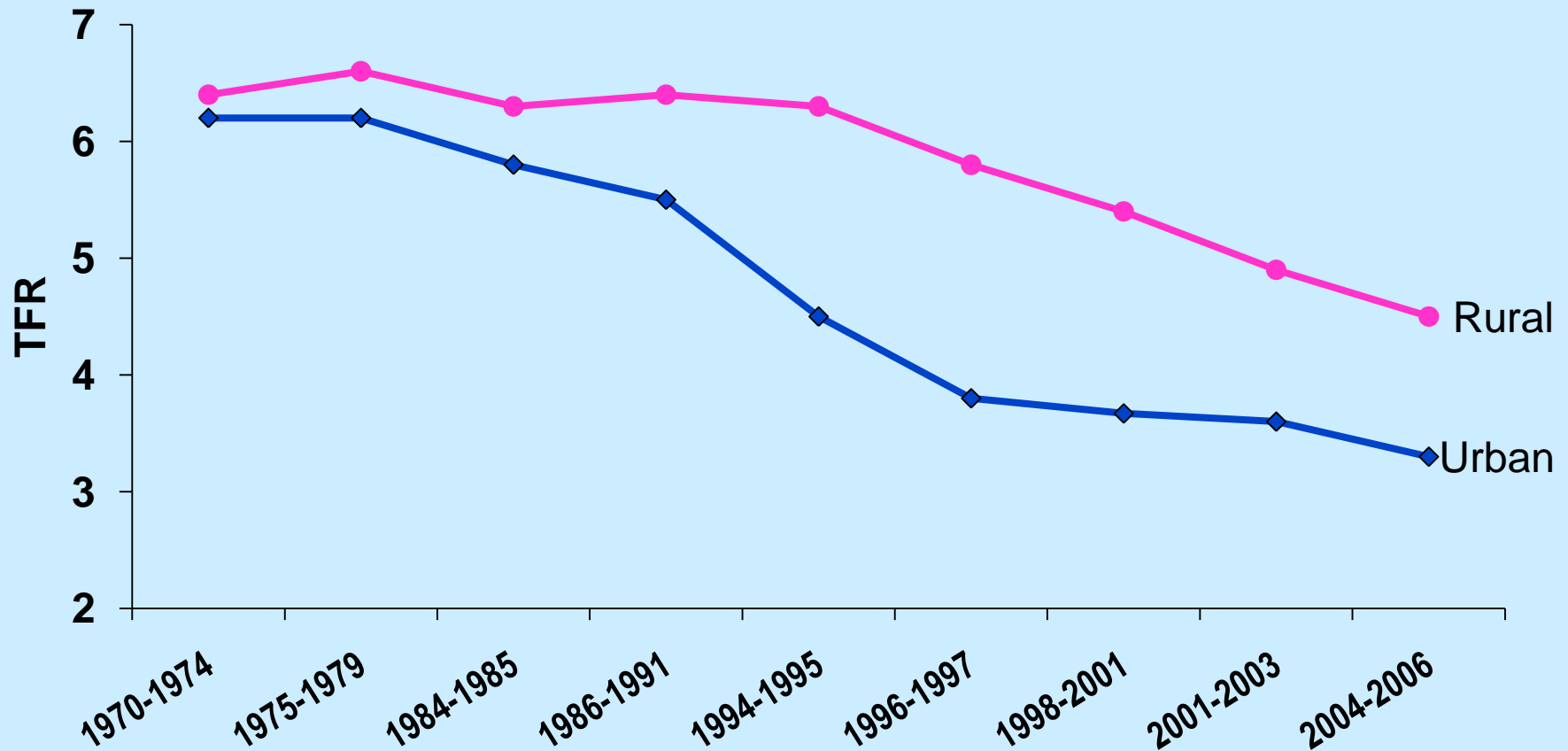
National Conference on Delivery of Family Planning Services by Health Care Providers

December 15, 2009

# The Potential to Increase Contraceptive Use, Lower Fertility and Reduce Infant Child and Maternal Mortality



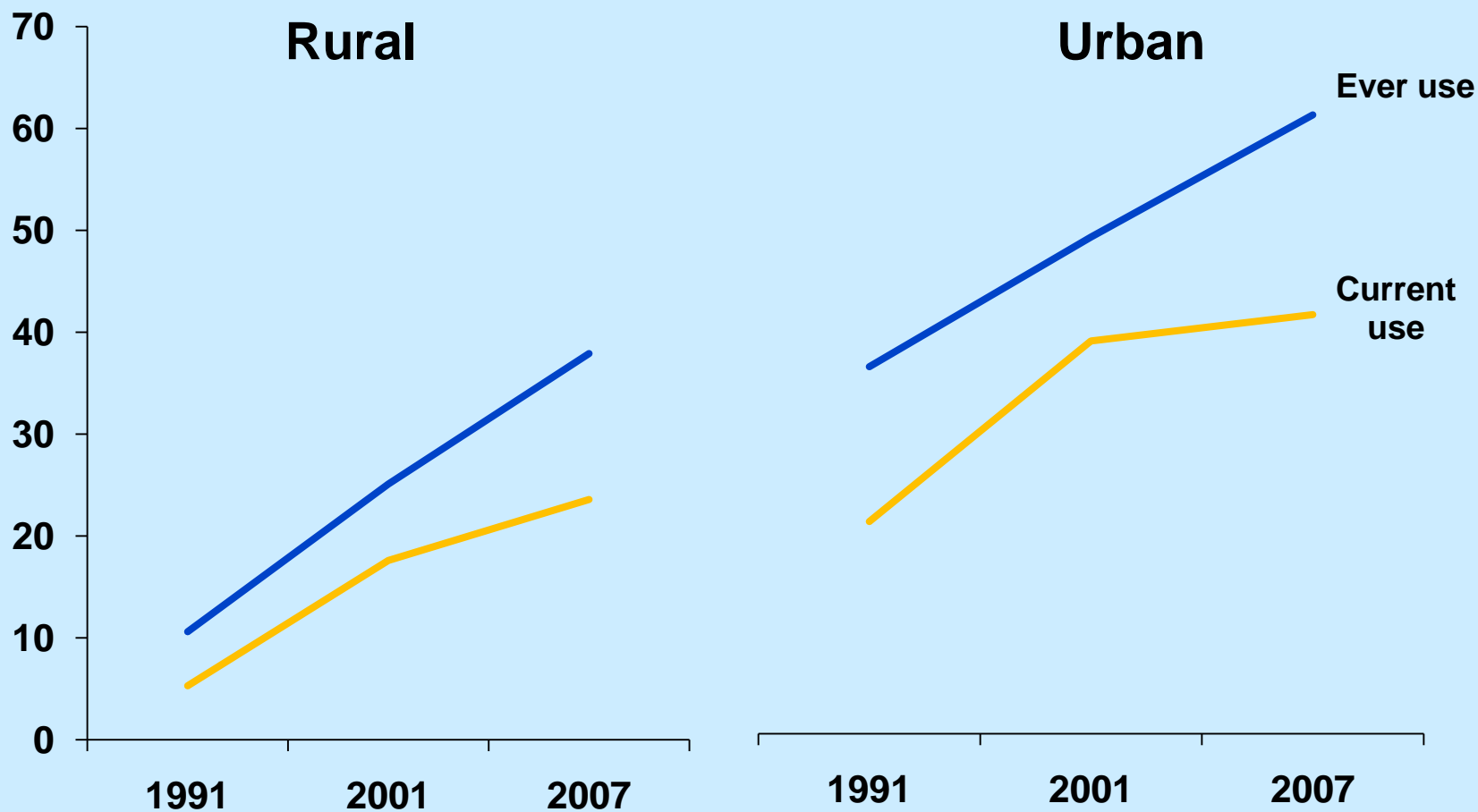
# Urban Fertility Decline Slowing Down - Rural Decline Faster



Sources: PDS 1985 till 2005; PCPS 1984-85; PDHS 1990-91; PCPS 1994; PFFPS 1997; PRHFPS 2001; SWRHFPs 2003; PDHS 2006-07

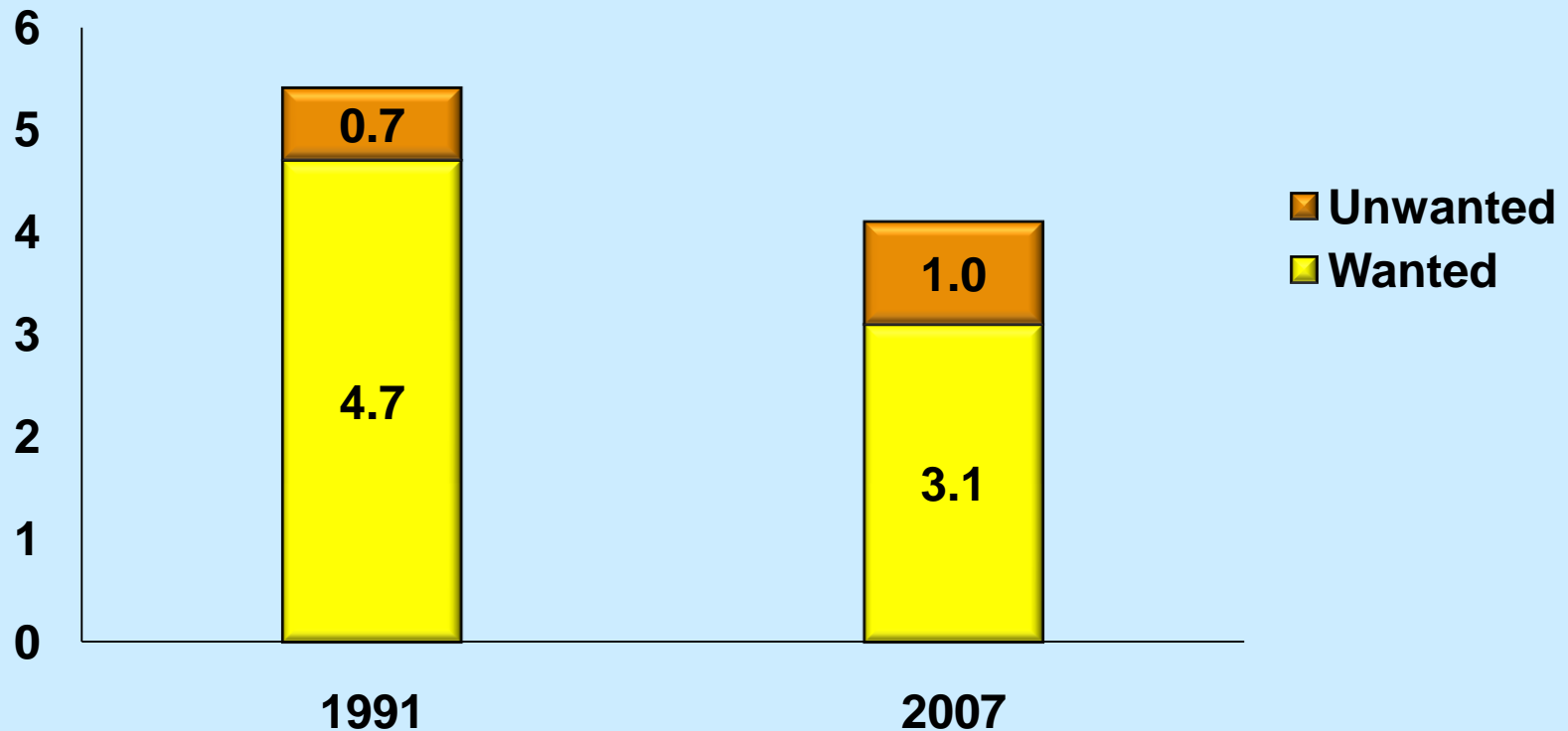


# More than 50% of Women have Ever Used a Contraceptive Method – Only 30 % Using Currently

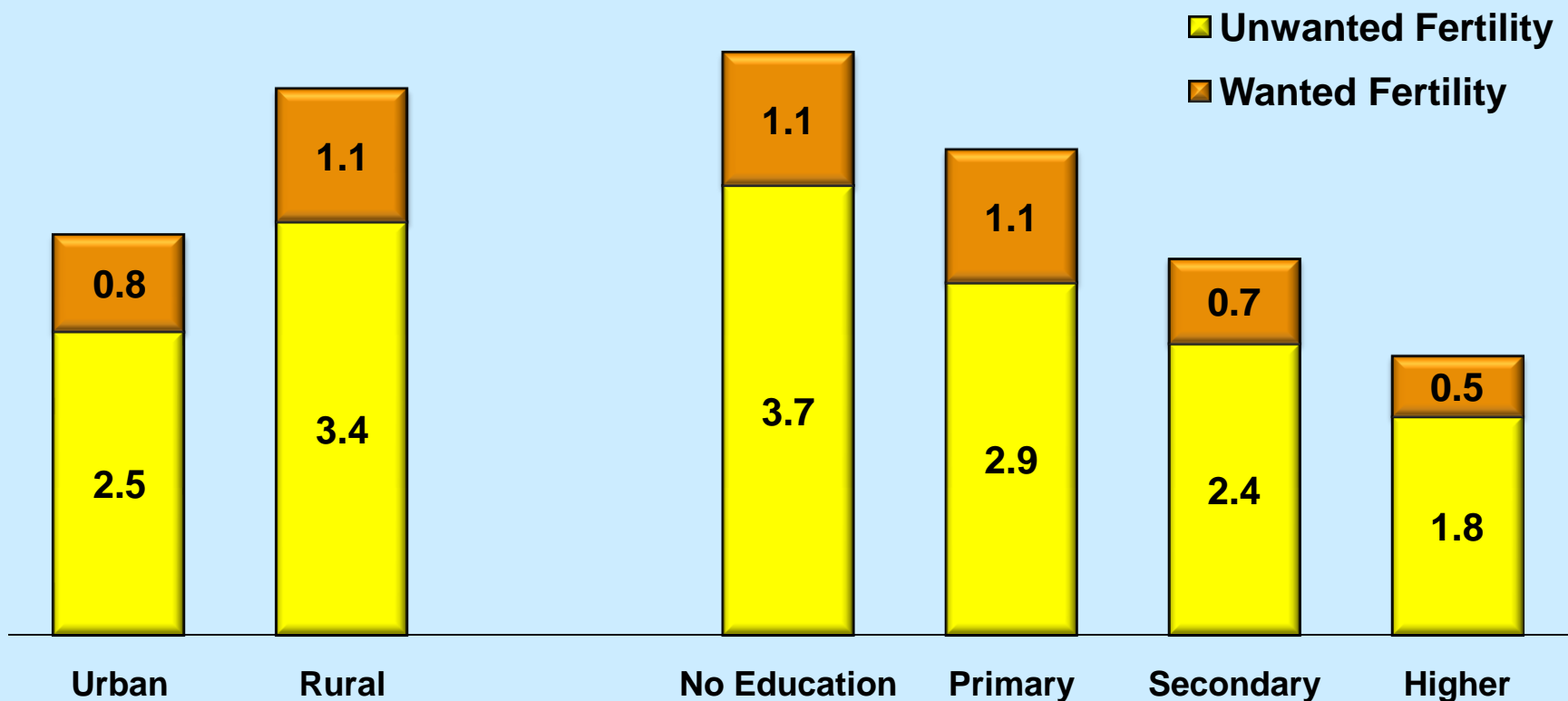


# Unwanted Fertility has Increased Over Time – The Potential is Huge

Wanted and Unwanted TFR over time



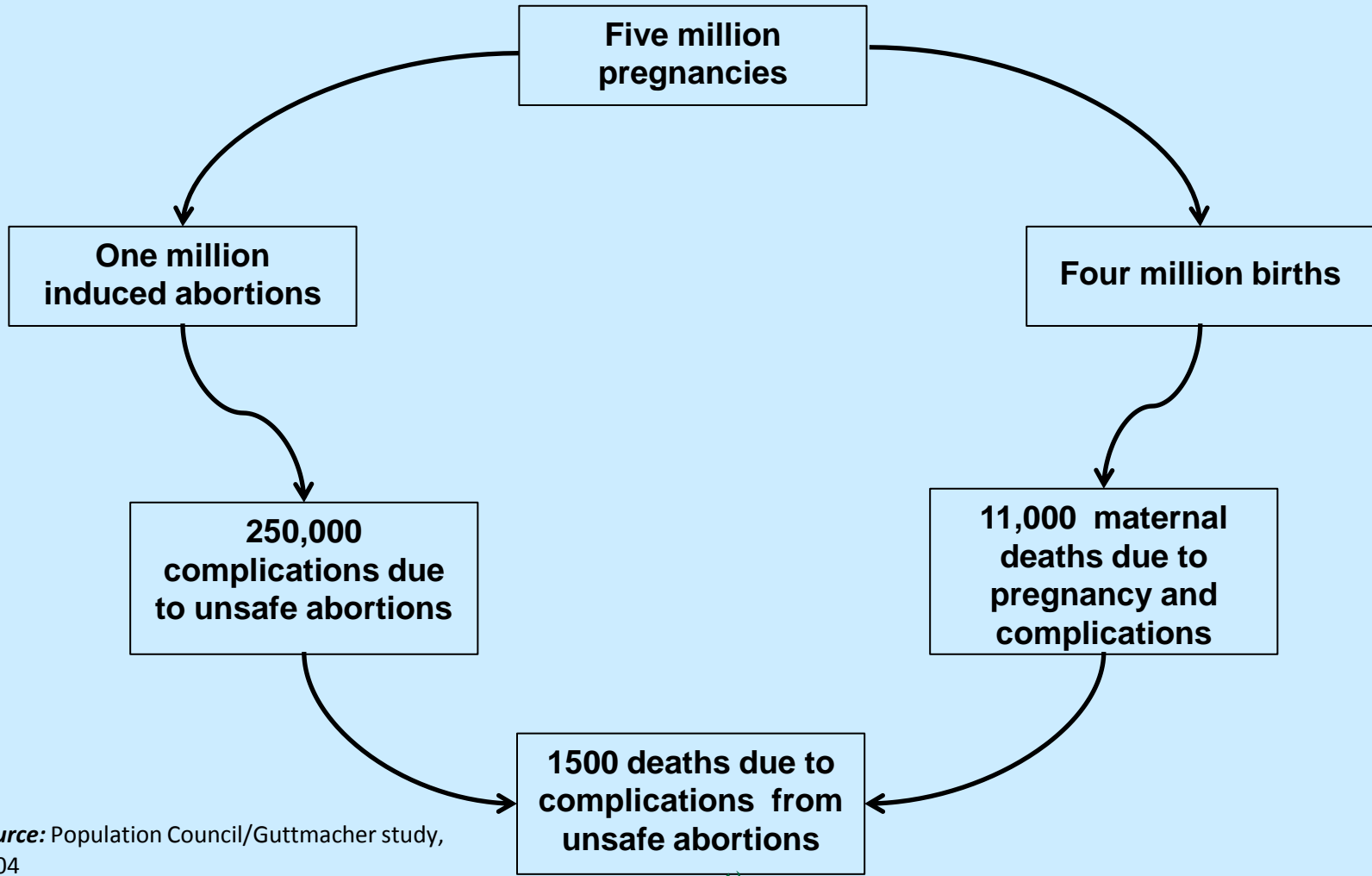
# It is Even Higher in Rural Areas and Among Uneducated



Source: PDHS 2007



# Unsafe Abortions – An Additional Toll on Mothers and Children (The Annual Numbers)



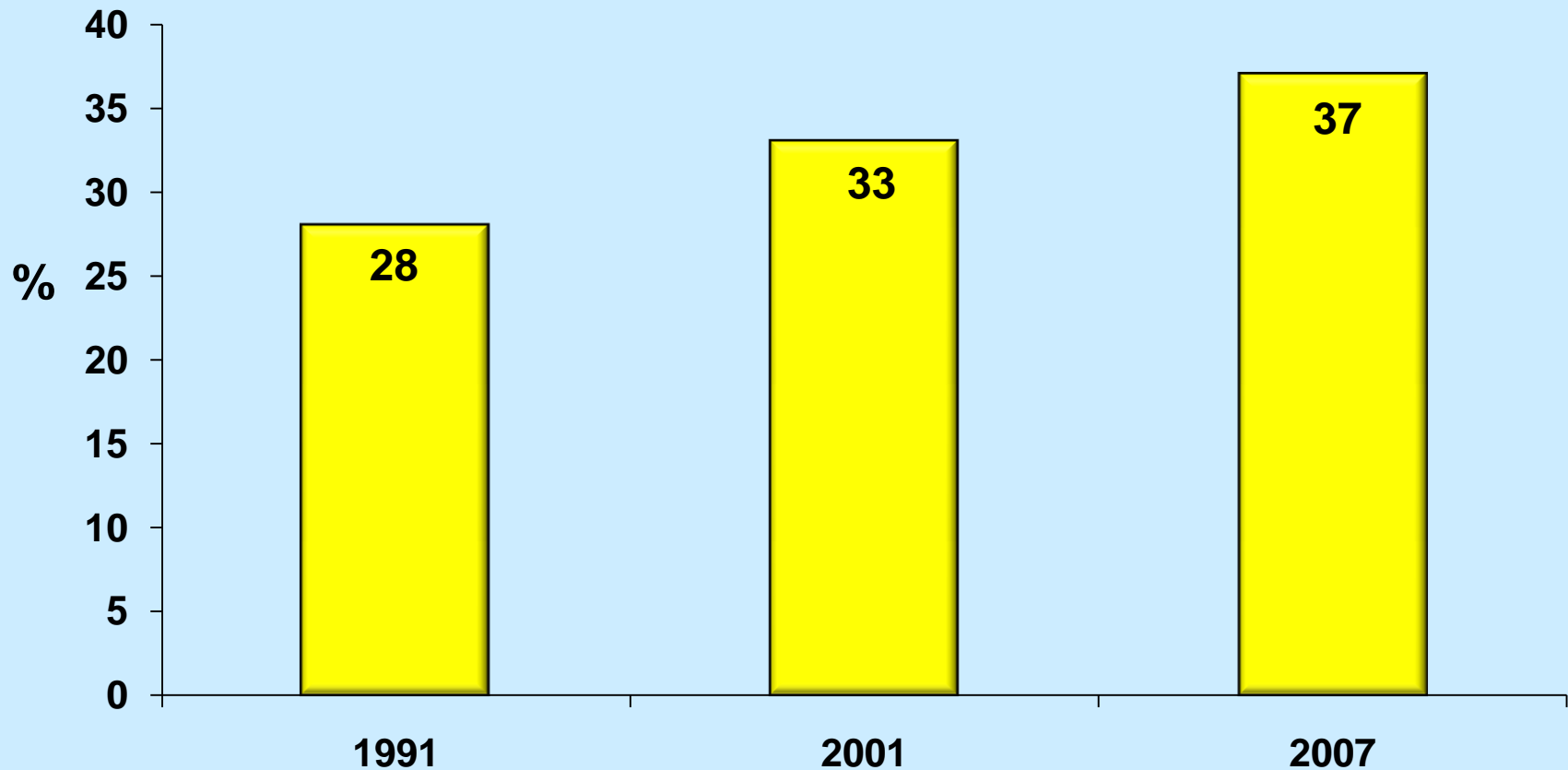
Source: Population Council/Guttmacher study, 2004



# How Can it be Done ?



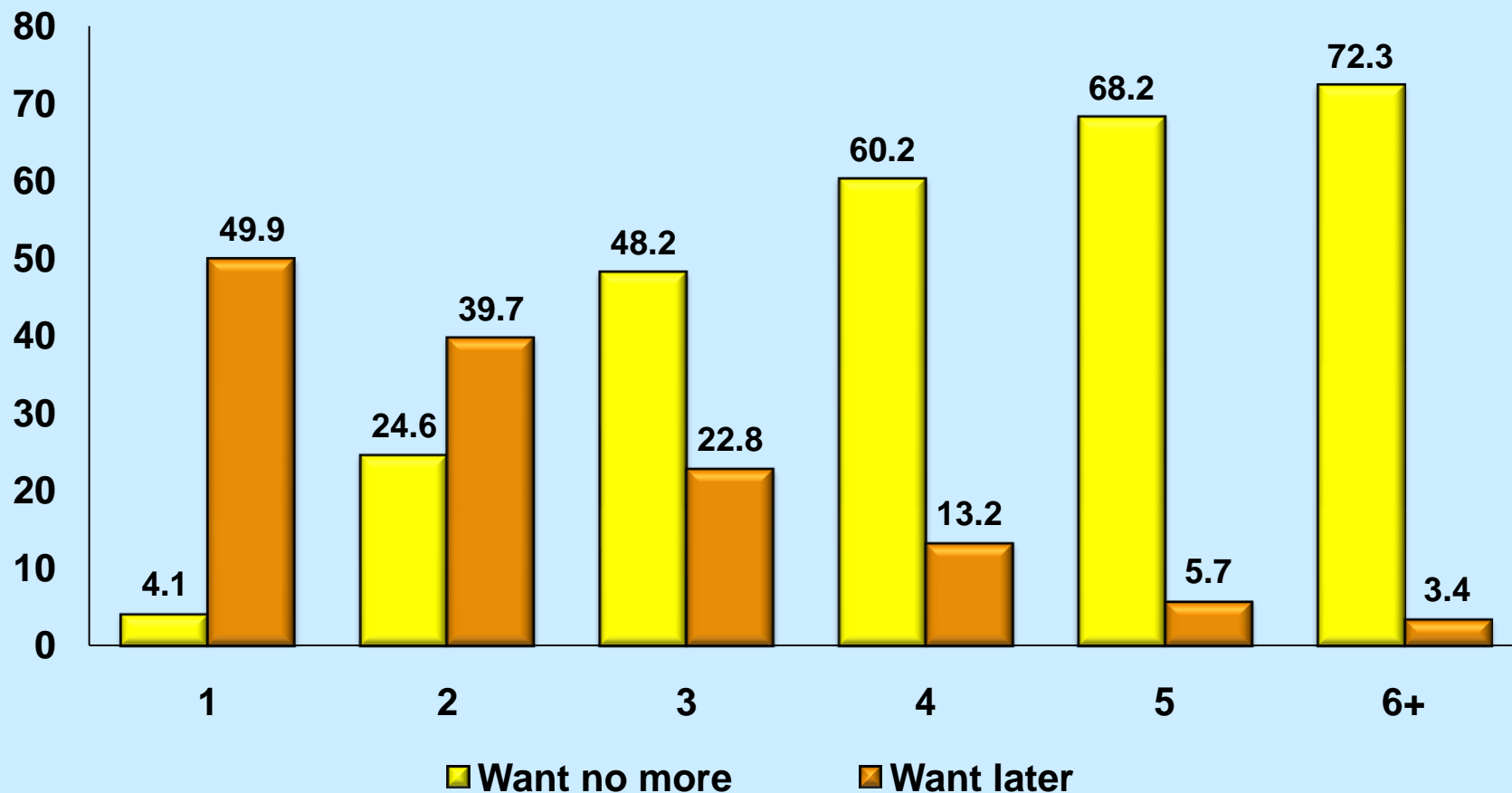
# More than one in three Women has Unmet Need for Family Planning



Sources: PDHS 1990-91; PRHFPS 2001; PDHS 2006-07



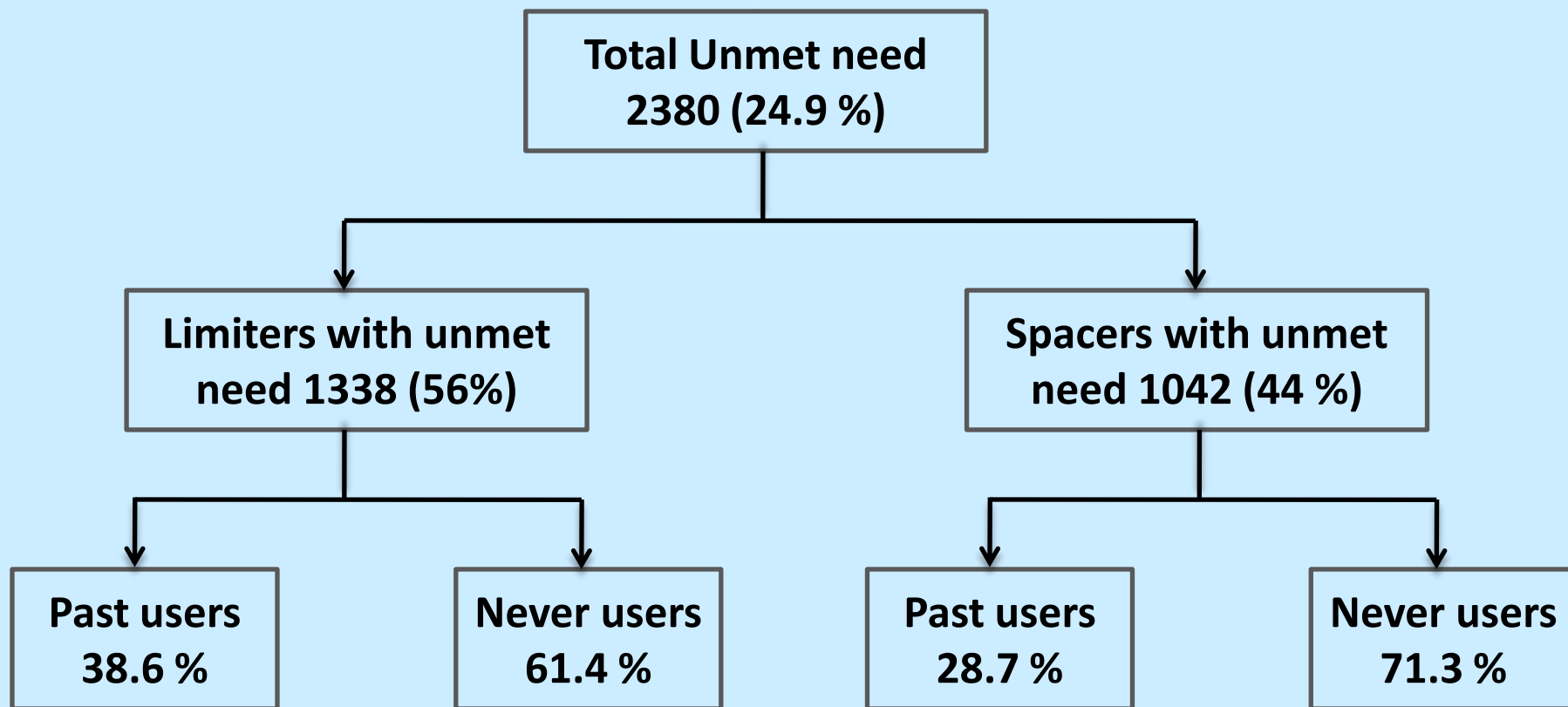
# More Demand for Birth Spacing at Earlier Births –Later Births are Likely not to be Wanted at all



Source: PDHS 2007



# Unmet Need for Family Planning: Proportions of Drop Outs and Never Users



# Unmet Need: Major Reasons

A proposed framework for causes:

- ❖ Access to Services
- ❖ Quality of Services
- ❖ Cost Barriers
- ❖ Social Barriers



# Unmet Need: Unpacking the Causes

## Access to Services:

- ❖ Knowledge of facility, its reputation
- ❖ Distance/Transport

## Quality of Services:

- ❖ Method choice/ Stock outs
- ❖ Health side effects: fear, intolerance
- ❖ Provider–client interaction/ Provider bias

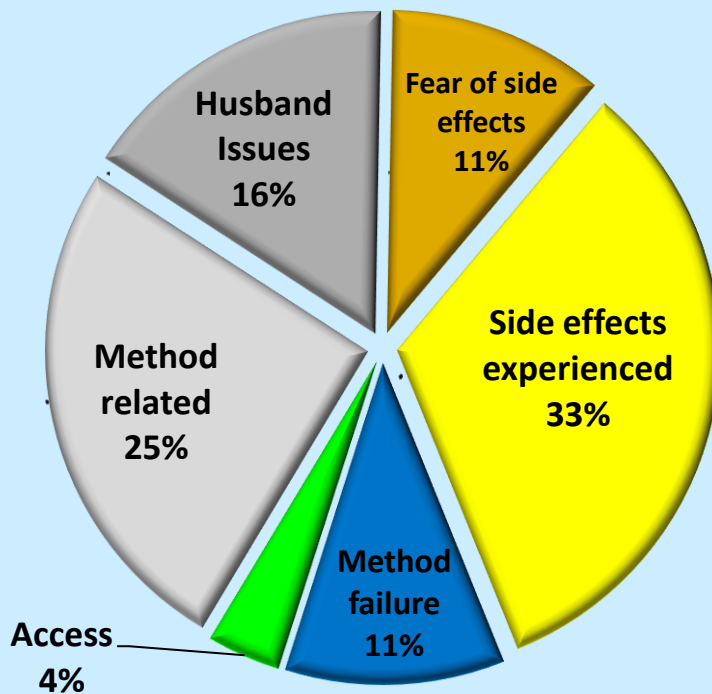
## Cost Barriers:

- ❖ Financial costs, costs of travel and above all time!

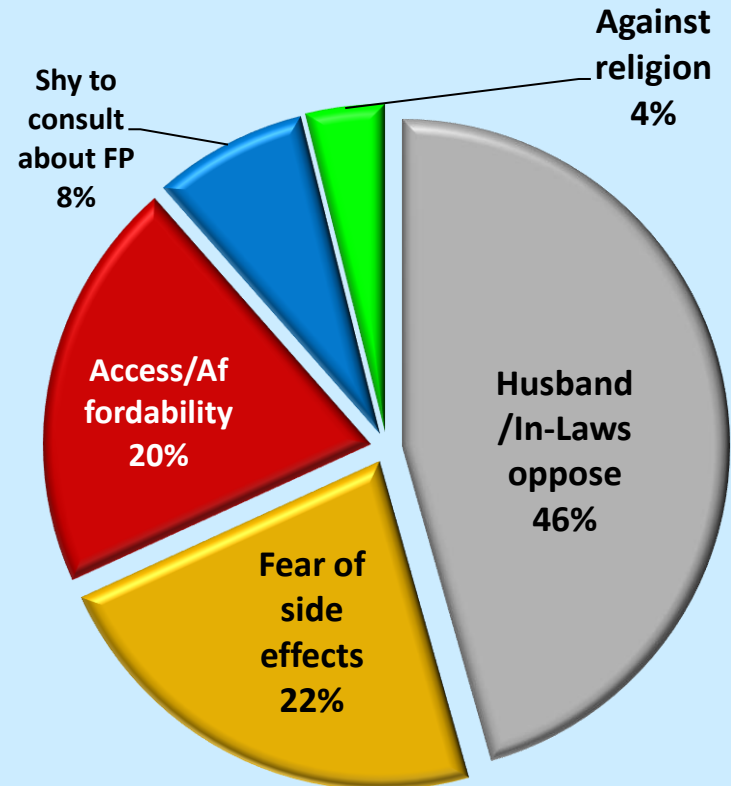


# Side Effects Dominate Reasons for Discontinuation; Access and Husbands Dominate Never Use

## Reasons for Discontinuation



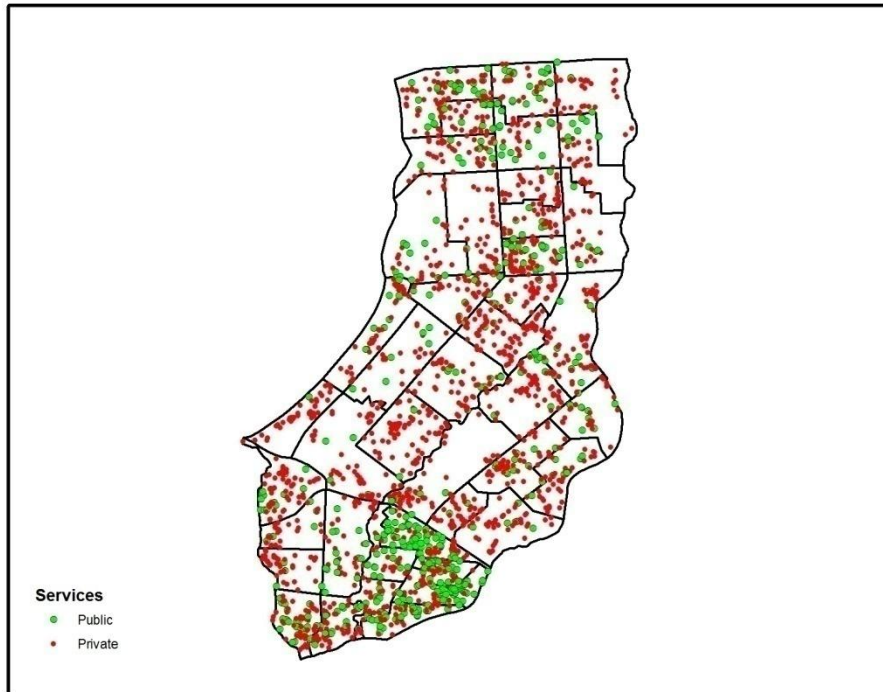
## Reasons for Never Use



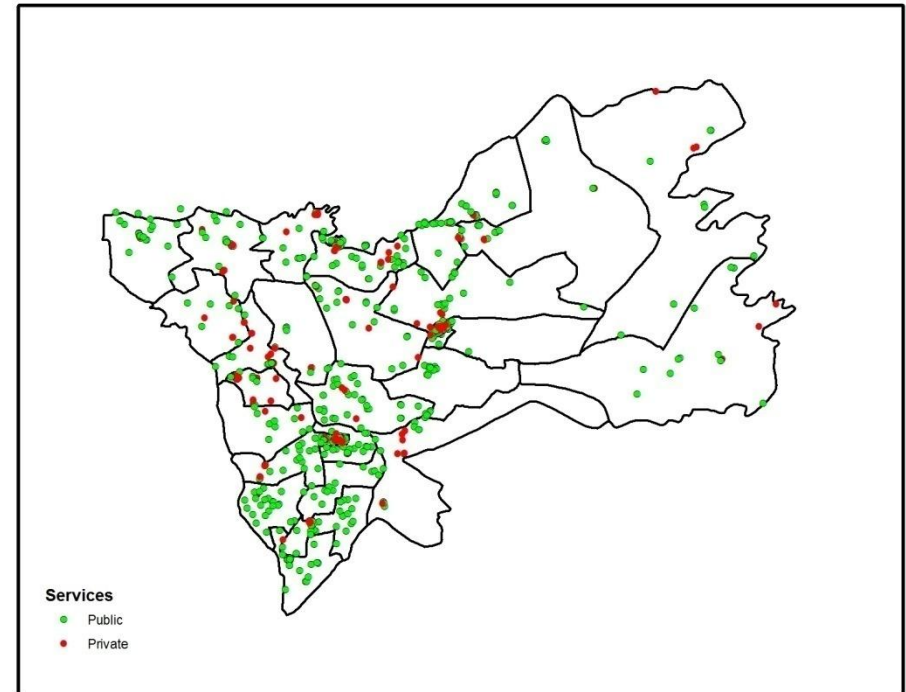
Source : FALAH data from 18 districts-2008-09

# Access to Health Services Varies Across Urban and Rural Areas – More Public Sector in Rural Areas

## Karachi-Central District

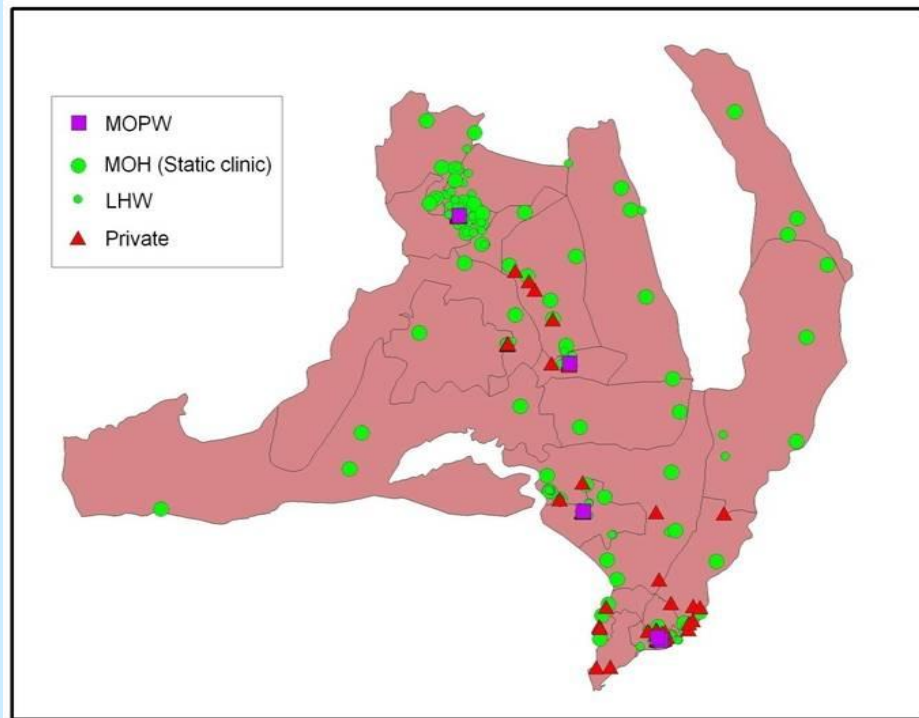


## Umerkot District

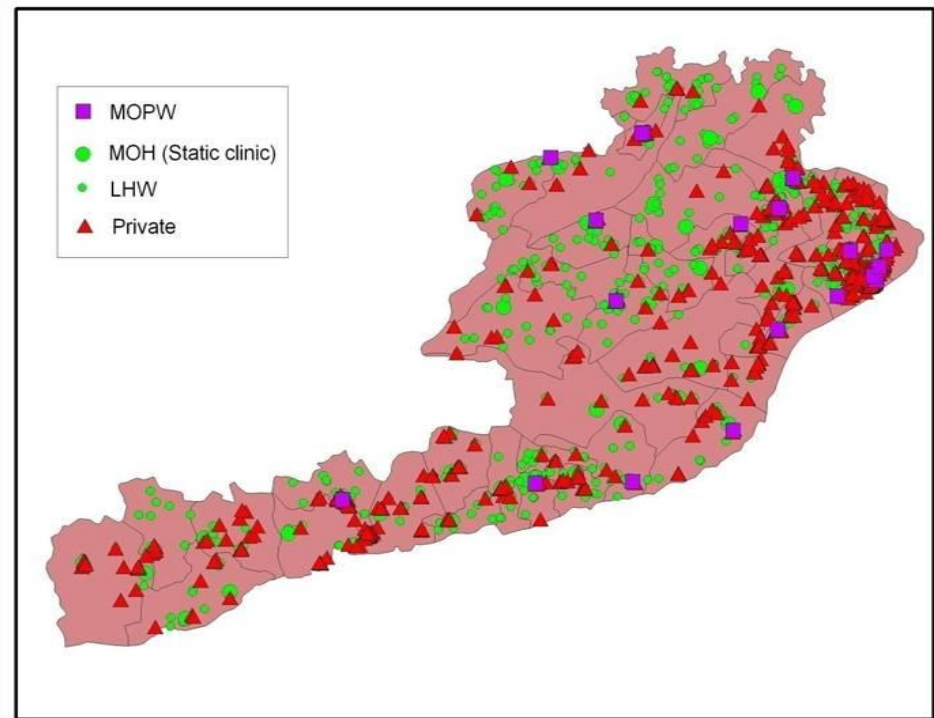


# Comparison of Health Services in Lasbela and Jhelum Districts

## Lasbela District

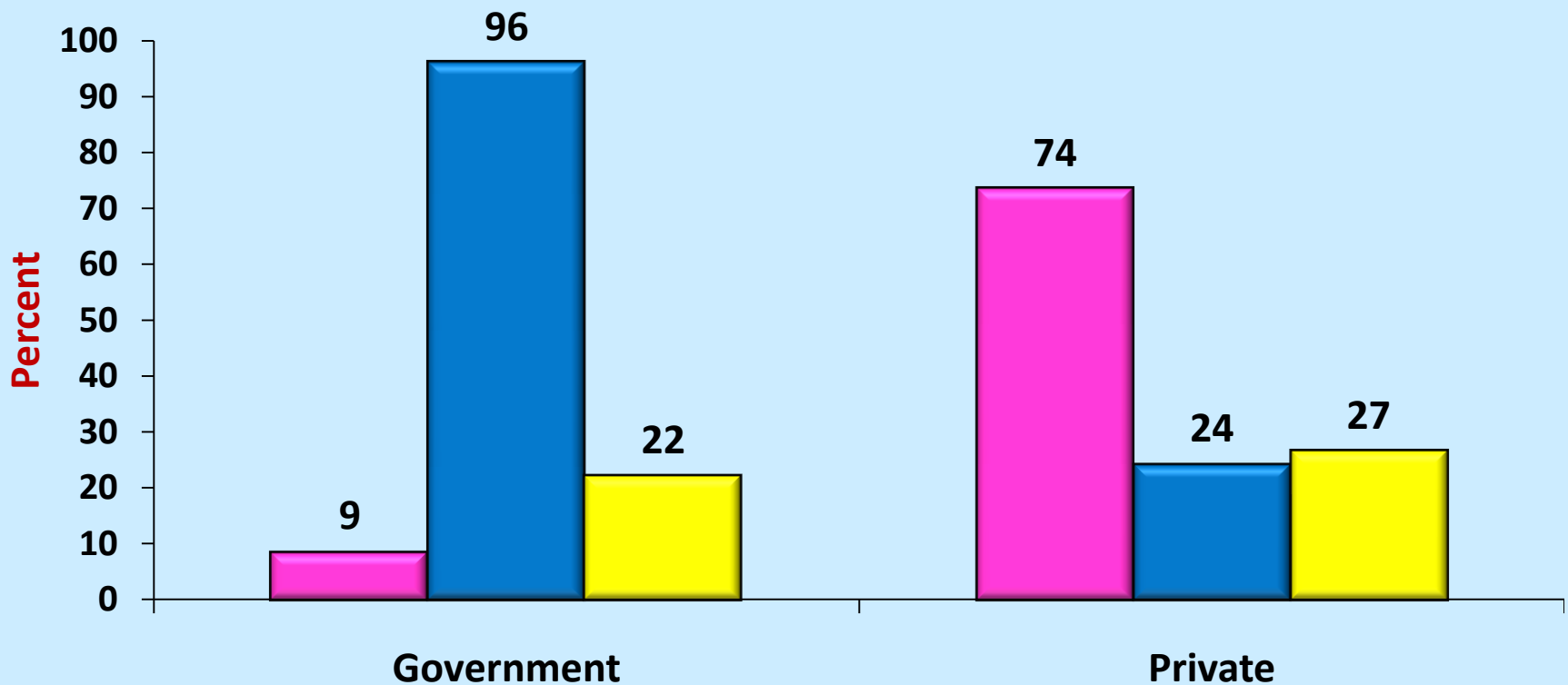


## Jhelum District



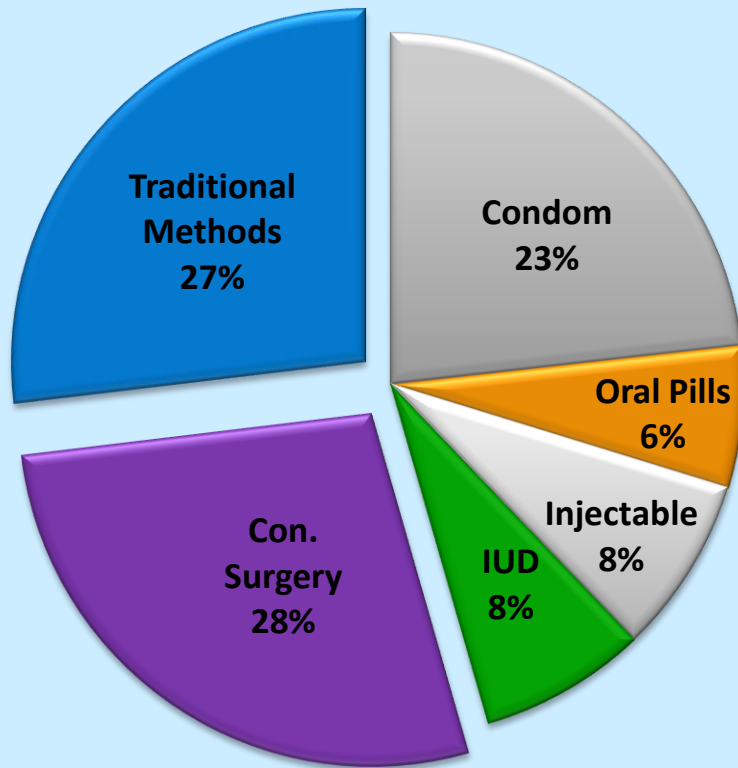
# Health Providers' Reasons for Not Supplying FP Services – Jhelum District

■ No tradition/ Un Islamic    ■ FP Method not available    ■ No trained staff

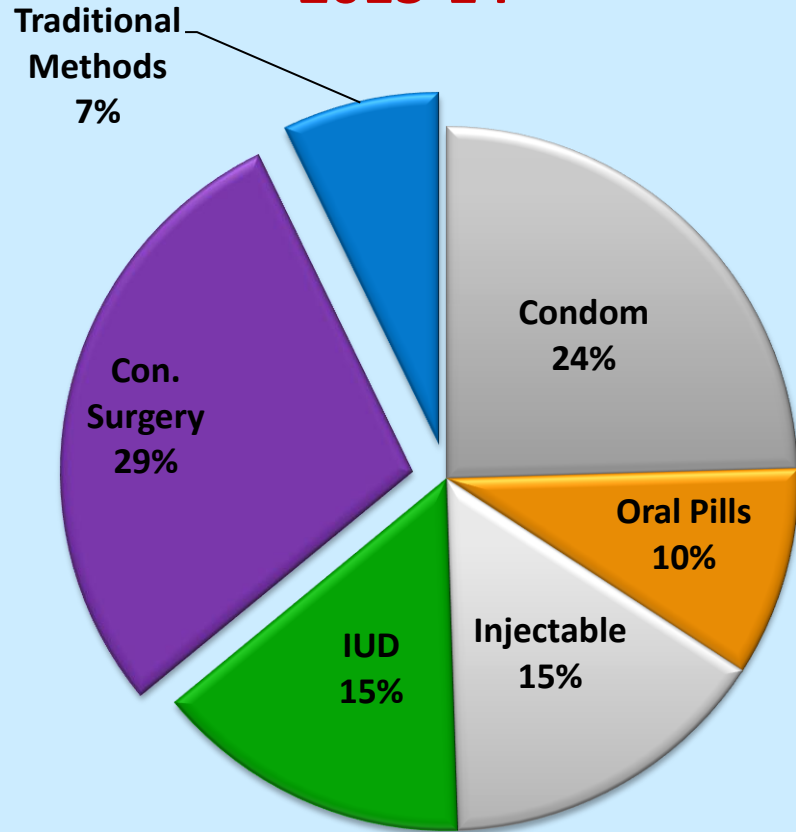


# Current and Projected Contraceptive Mix with Health Providers Kicking in!

2009-10



2013-14

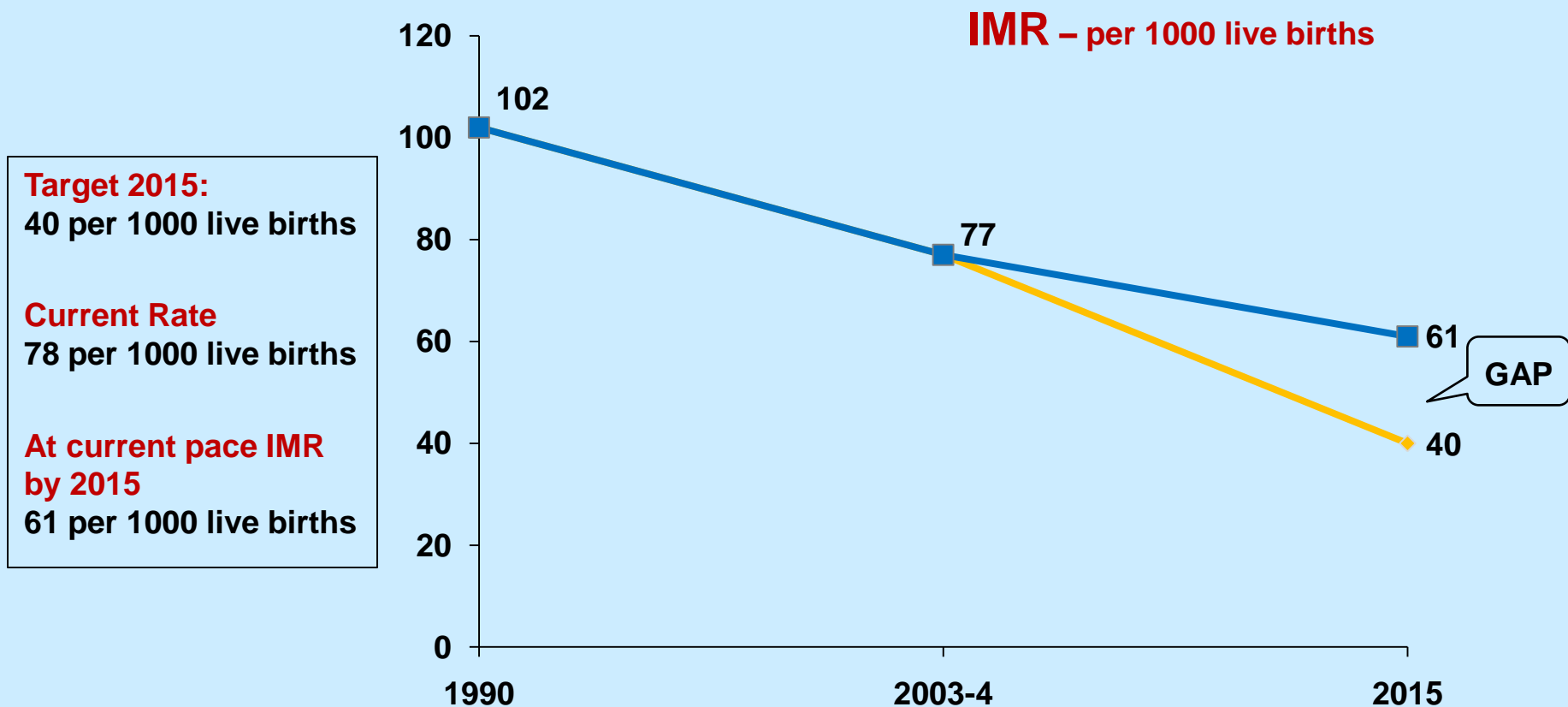


# Why it has to be Done?



# Status of MDG 4

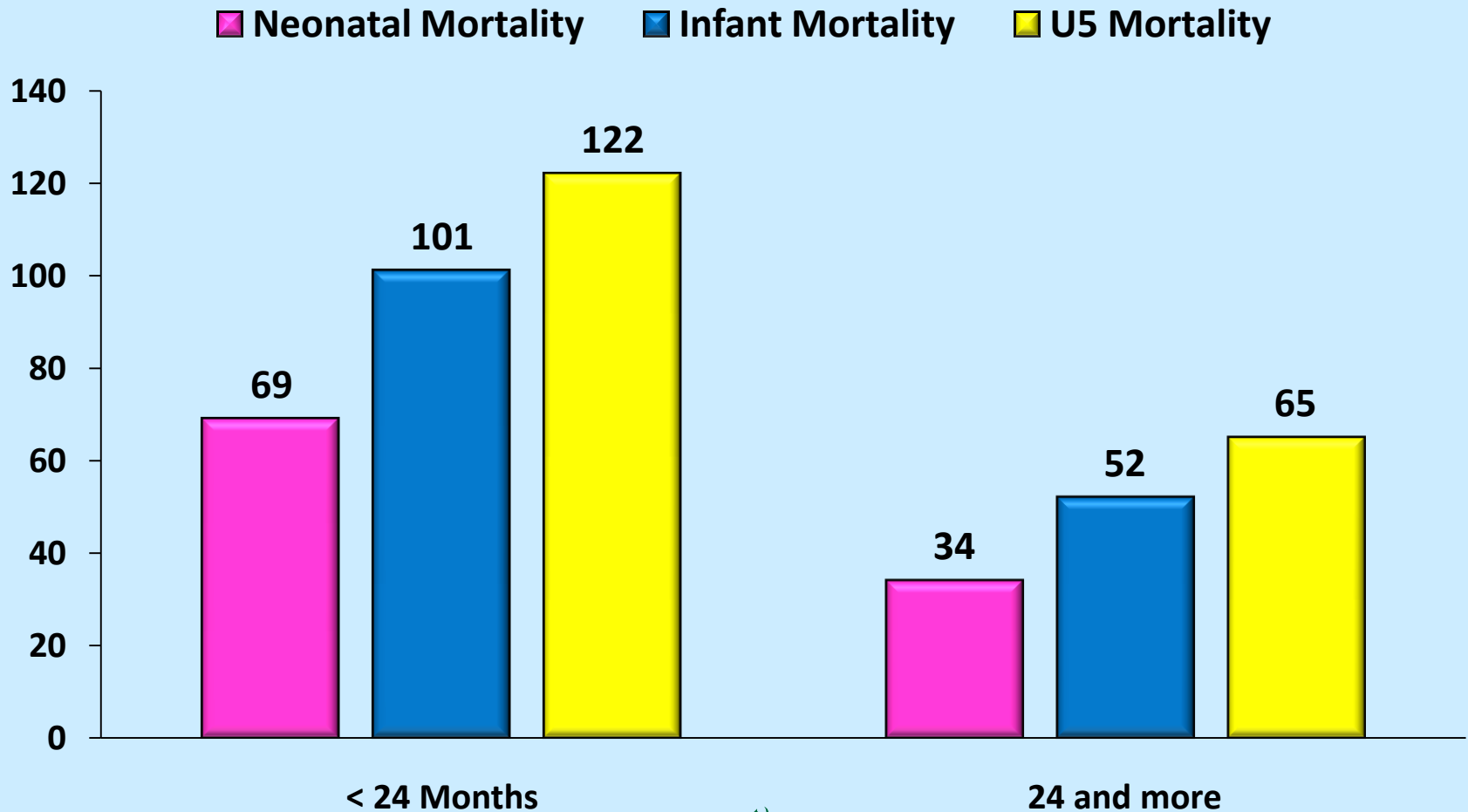
## Child Health in Pakistan – Current and Future



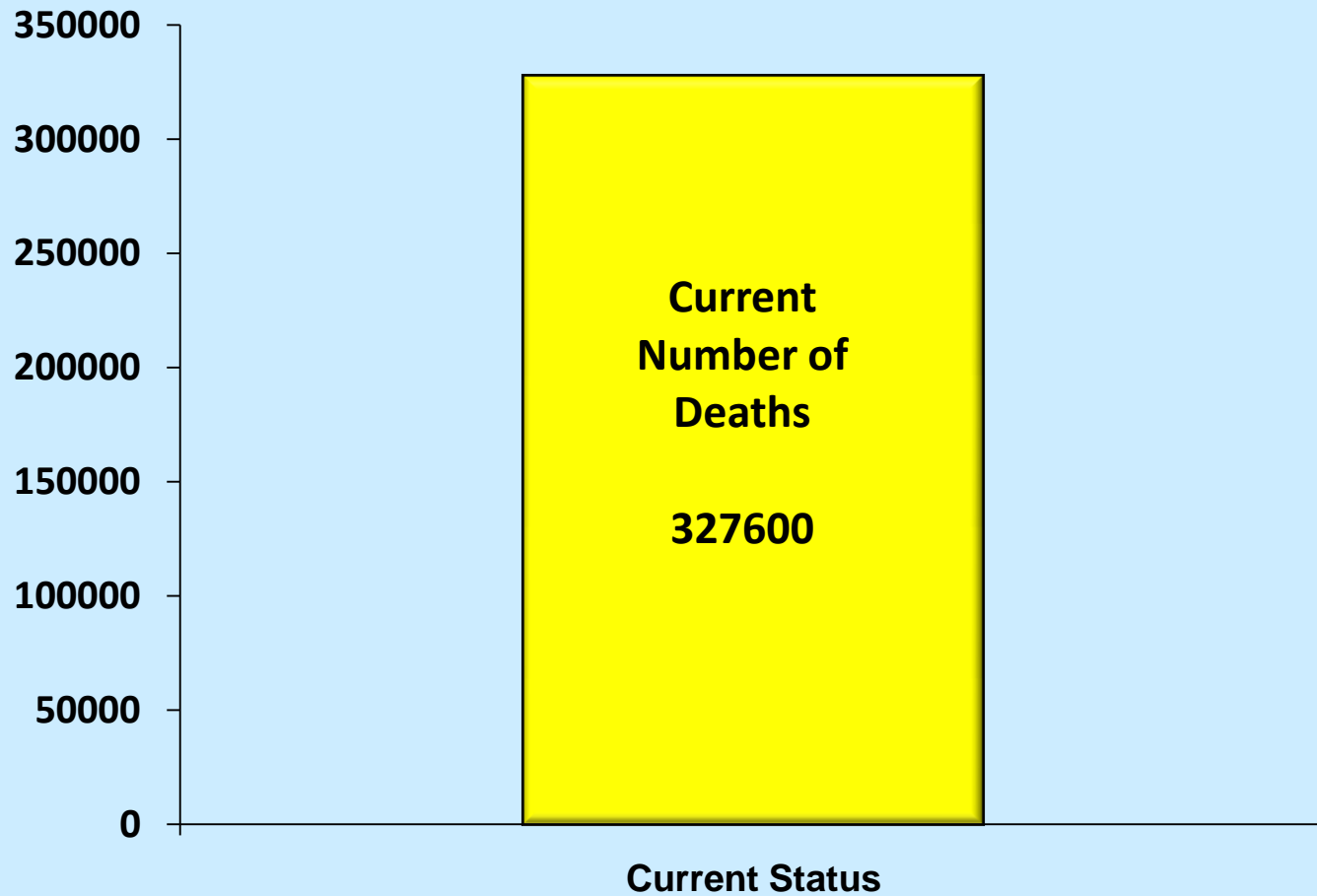
Source: Ministry of Health Presentation, Nov 21, 2008



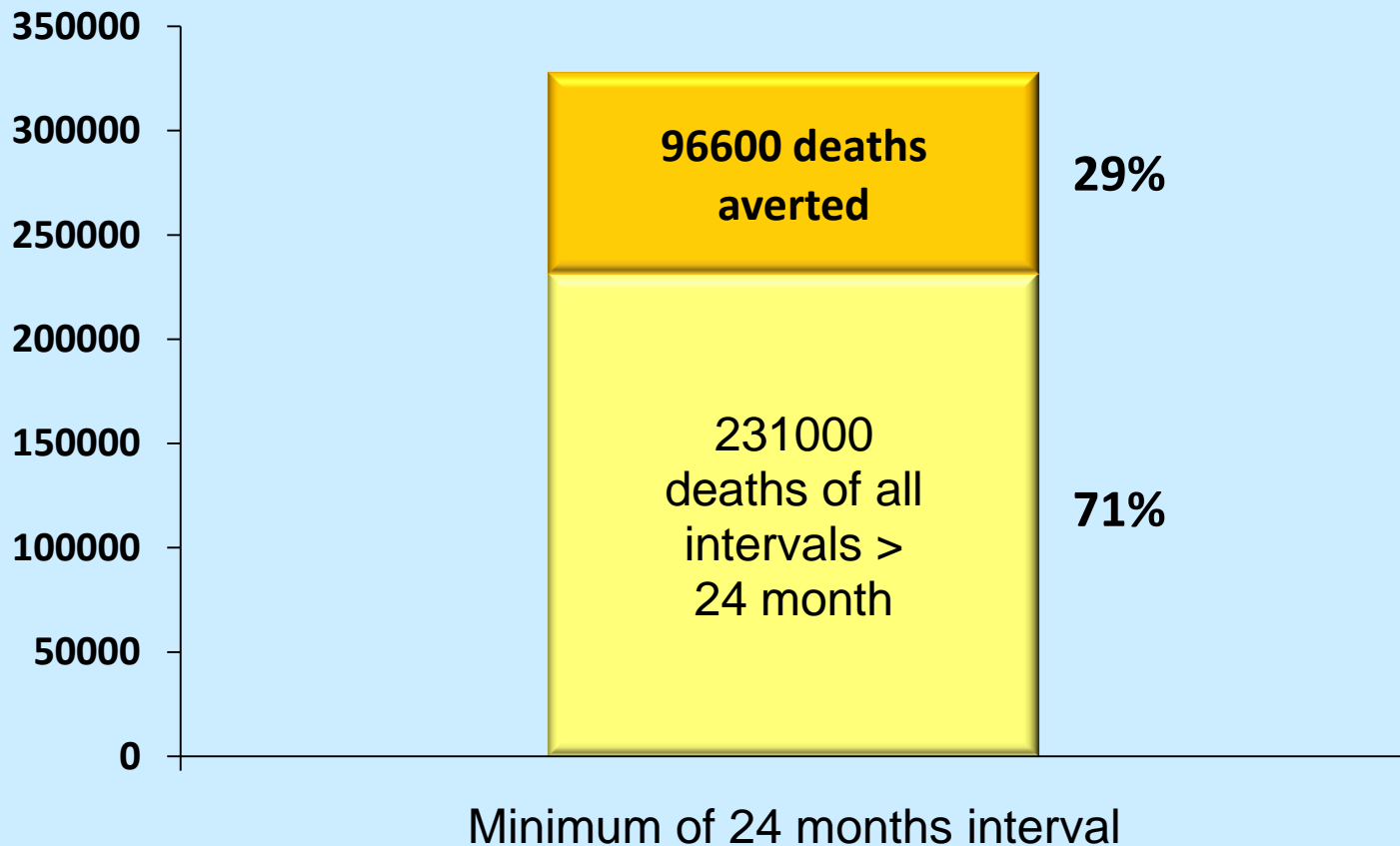
# Longer Birth Intervals Reduce Neonatal, Infant and Under-Five Mortality



# Total Number of Infant Deaths

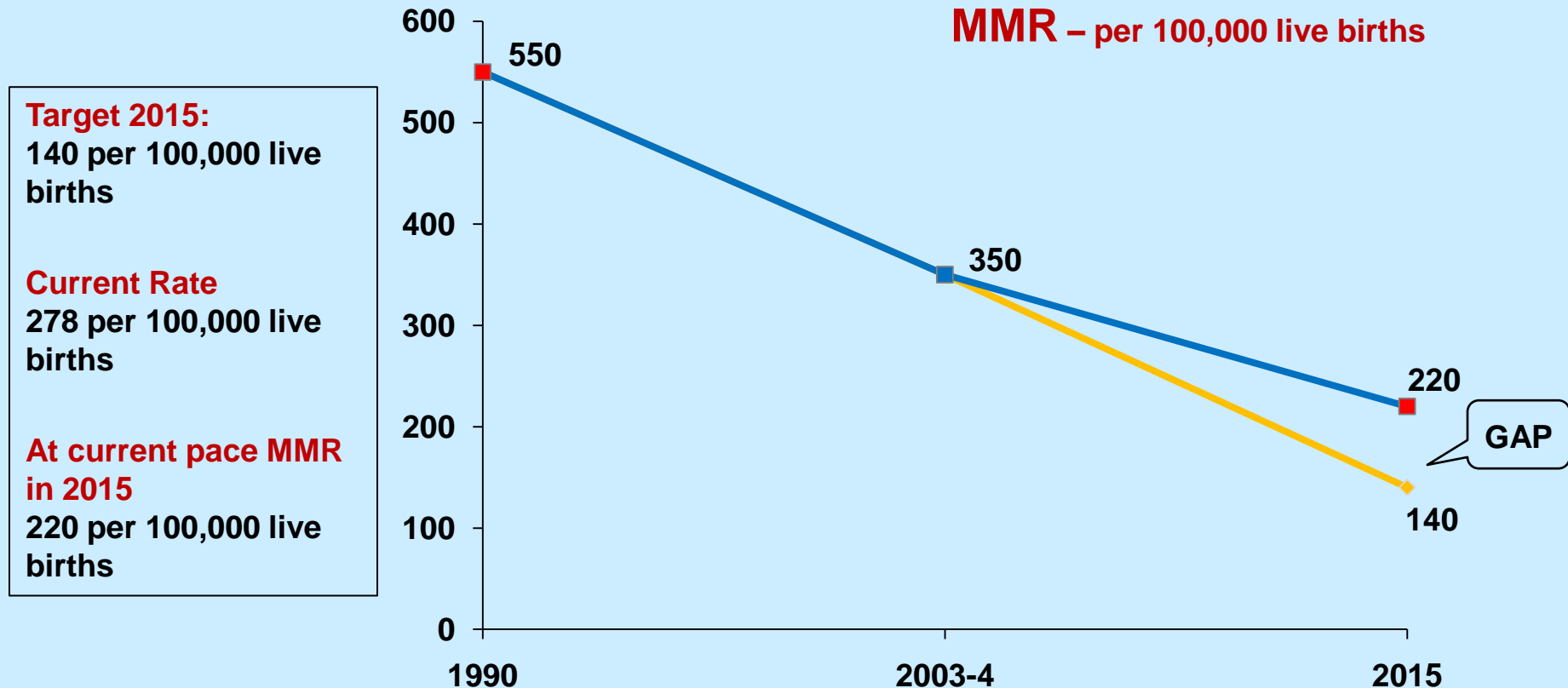


# 29 percent of Infant Deaths can be averted with Minimum birth Intervals of 24 Months



# Status of MDG 5

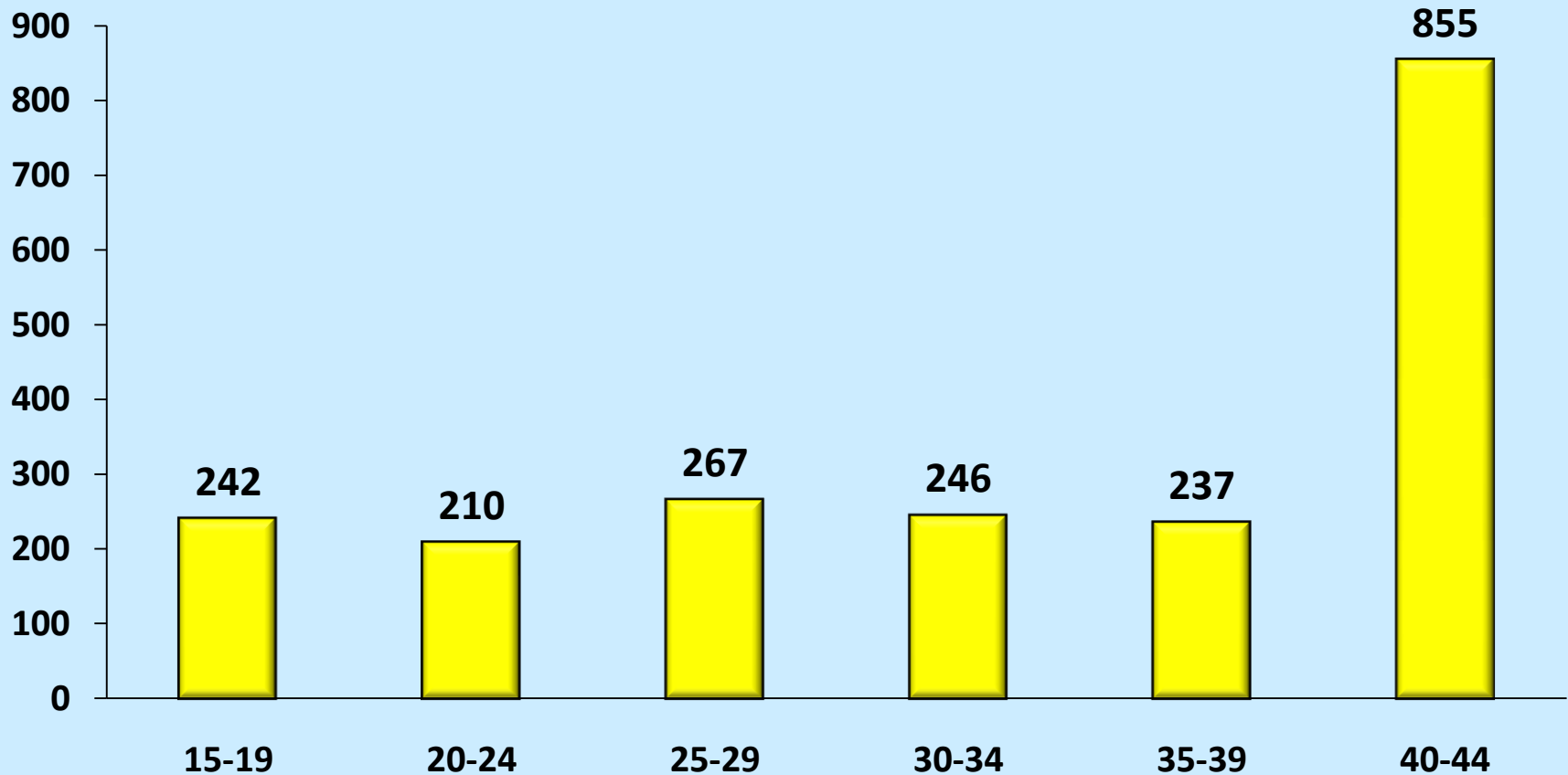
## Maternal Health in Pakistan – Current and Future



Source: Ministry of Health Presentation, Nov 21, 2008



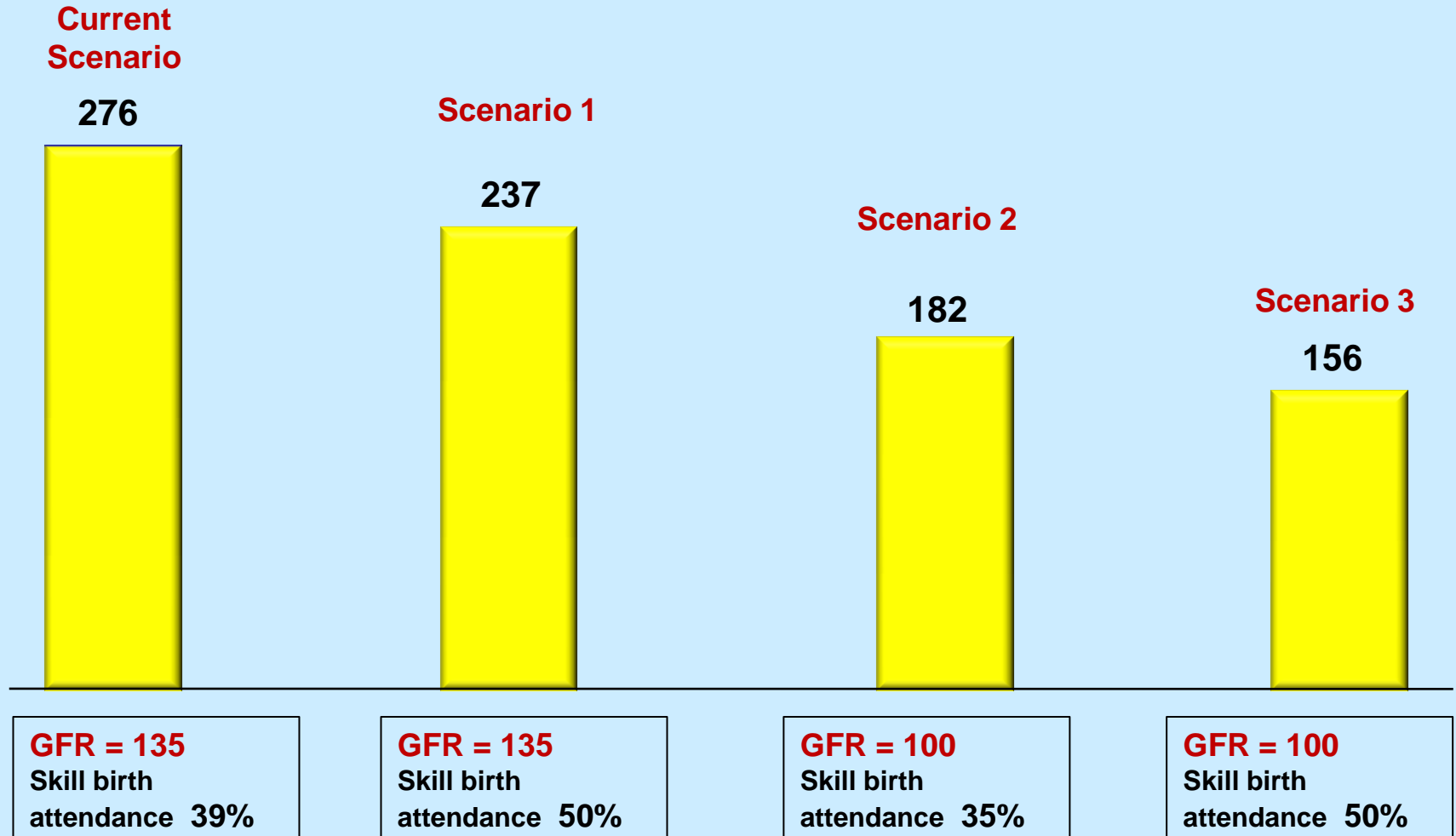
# Maternal Mortality Ratio by Age



Source: Pakistan Demographic and Health Surveys, 1990-91 and 2006-07



# Maternal mortality can be reduced by 35 percent by just reducing fertility by 35 percent



Source: PDHS 2007 & Simulation based on "Maternal Mortality 2000: Estimates Developed by WHO, UNICEF & UNFPA", WHO, Geneva



***“That women die of preventable causes during childbirth is a tragedy. This tragedy is compounded when the pregnancy was not even intended”***

***UN Millennium Project. 2006. Public choices, private decisions: Sexual and Reproductive health and the Millennium Development Goals.***



# Thanks

