

# Providing FP information during ANC: Global lessons

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# WHO Recommendations

Use third-trimester ANC visits to counsel about:

- Healthy spacing and timing of pregnancies
- Return of fertility after delivery
- Family planning
- Dual protection during pregnancy
- Plan for IUD or sterilization during immediate postpartum, if these are the methods of choice



Photo: Melissa May, courtesy of Photoshare

# Why offer FP information in ANC?

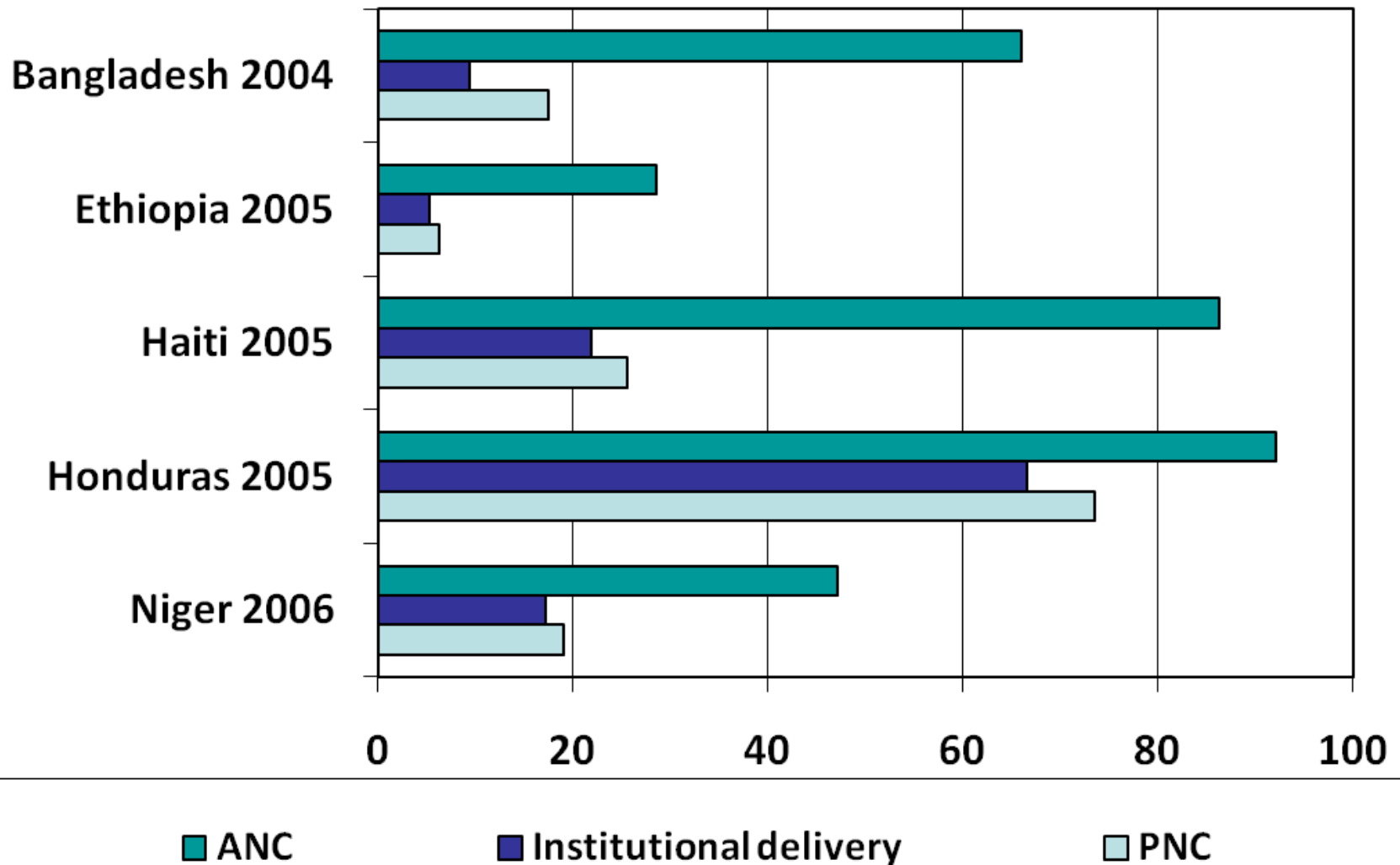
- Rapid recovery of fertility after delivery
- Labor and delivery is not a good time for initiating FP counseling and getting consent for long term methods



Photo: Melissa May, courtesy of Photoshare

- Offering FP information at multiple contacts reinforces the messages
- Plus...

# Most women have contact during ANC



# Inconclusive evidence of FP information during ANC on subsequent use

- Positive effects of FP information in some studies (Mexico) but not in others (China, Scotland, and South Africa)
- Positive relationship with ANC, but largely explained by sociodemographic characteristics



Photo: Population Council/Ghana

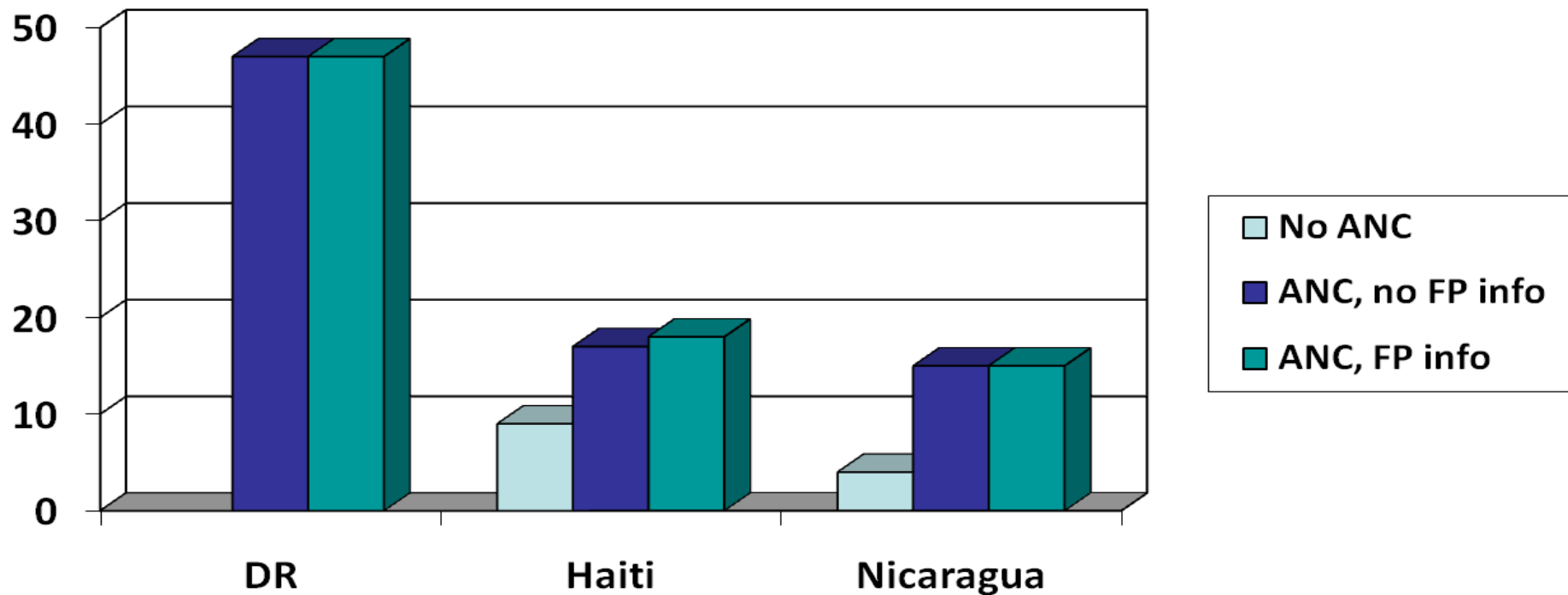
# What FRONTIERS has demonstrated



Photo: Population Council/Ghana

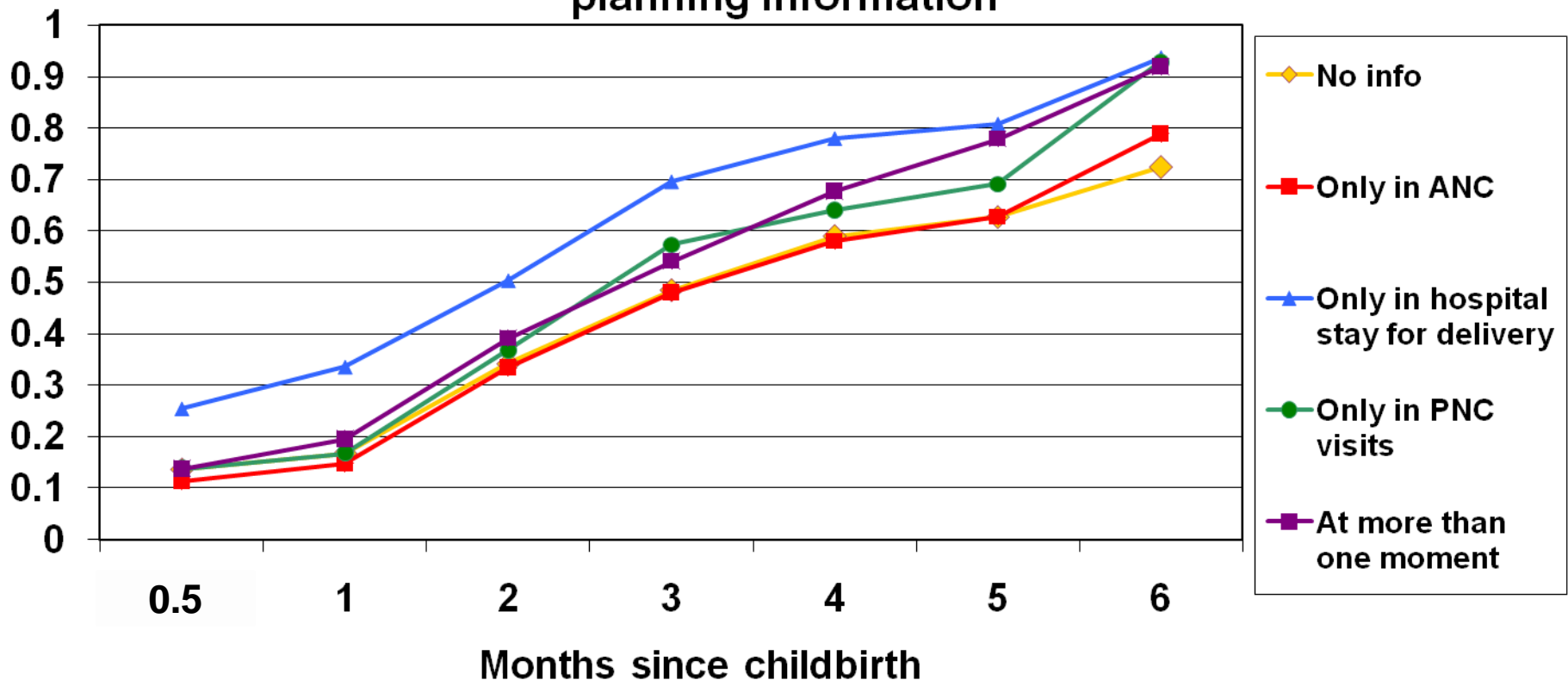
# In LAC countries, FP information in ANC does not increase PP contraceptive use

**% of women in first 6 months postpartum using contraception**



# FP information during ANC has a lower effect on PP contraceptive use than information in PNC

Dominican Republic: Cumulative probability of starting contraceptive use by postpartum month, by timing of family planning information

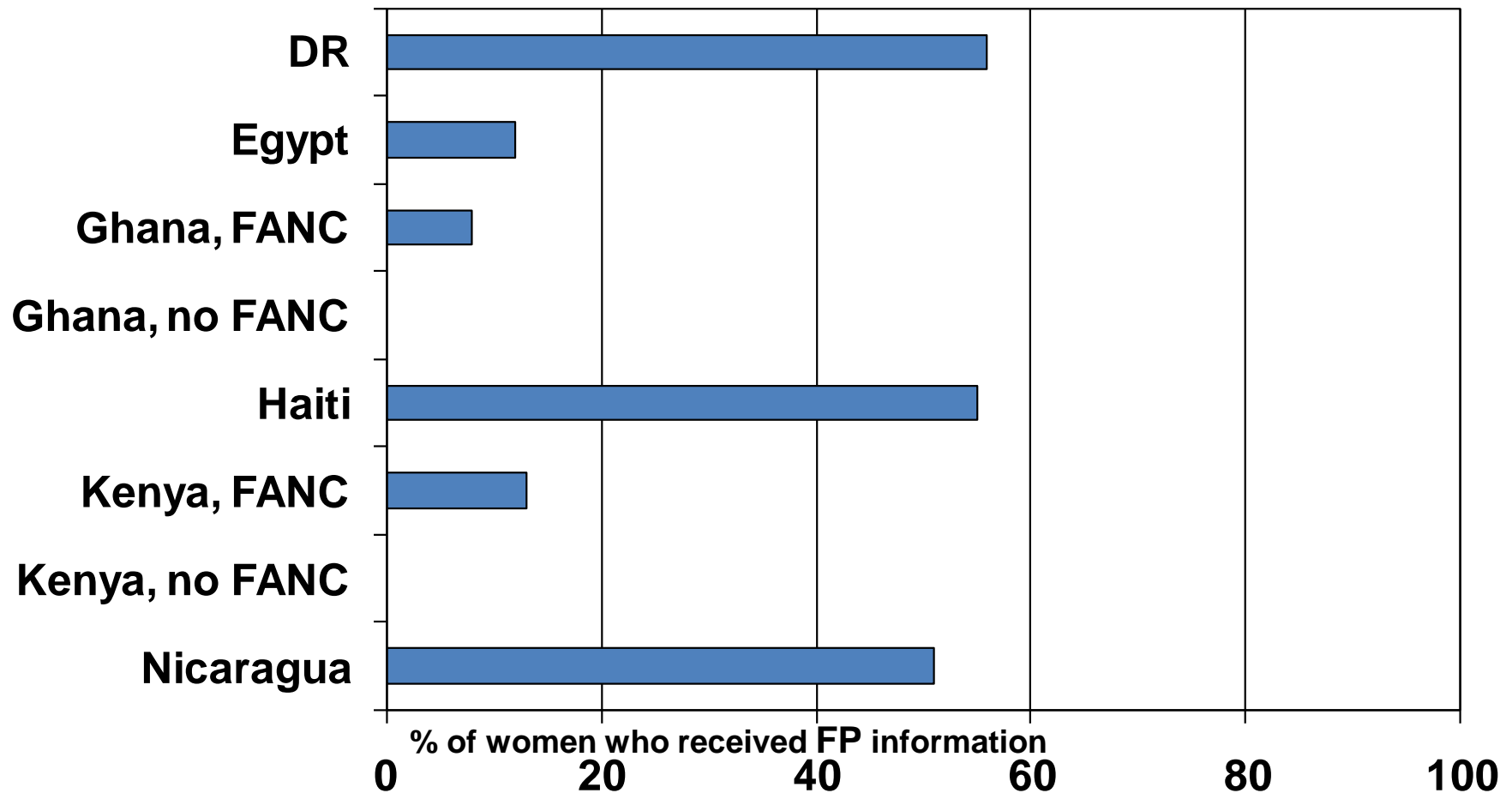


# Many women want FP information in ANC

- In Lesotho (2007), 56% prefer family planning information in ANC than at other times
- In Egypt (2006), 68% of women accept to receive birth spacing messages
- In Honduras (2000), 55 to 64% of women decided on PP contraceptive use during pregnancy

# Few women receive FP information during ANC

## Women in 3rd or 4th ANC visit (2006)



# Interventions in ANC can increase provision of FP information

	% of women who received FP counseling	
Country	Training, job aids and protocols	Standard care
Egypt	62	12
Ghana	8	0
Kenya	18	0

# Even when FP messages were given, women received limited information

- Egypt: Intervention on spacing messages in third-trimester ANC visits.
  - Knew three conditions of LAM (18%)
  - Advised on appropriate contraceptives while breastfeeding (8%)



Photo: Population Council/Cairo

# Conclusion

- FANC approach to increase contents and quality of information during ANC has mixed results
- FP information in ANC has little effect on PP contraceptive use in some places
- FP information in ANC is often neglected and not adequate
- ANC is many women's only opportunity to receive FP information

# What more evidence is needed?

- Feasibility and effects of FP information in community-based ANC
- Evidence from diverse contexts where access to institutional delivery and PNC is very low
- Longitudinal evidence of the importance of FP information during ANC at different moments of the postpartum period
- Evidence on how the amount of FP information affects providers and clients