

Dr. Zeba A. Sathar (*Tamgha-i-Imtiaz*)

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zsathar@popcouncil.org**Nationality:**

Pakistani

Employment:

- **April 2002 - Present.** The Population Council: **Country Director.** Islamabad.
- **July 2001 - April 2002.** The Population Council: **Interim Country Director.** Islamabad.
- **2000 - 2001.** Pakistan Institute of Development Economics (PIDE): **Chief of Research,** Demography.
- **1994 - 2000.** The Population Council: **Deputy Representative.** Islamabad. Conducts research on fertility and family planning; plans and implements research projects; responsible for donor coordination and relations; stands in as acting country representative when necessary, especially in financial, administrative, and managerial matters.
- **1994.** Multi-Donor Support Unit, World Bank: **Population Consultant.** Islamabad. Acted as liaison between donors and the government for developing planning and monitoring indicators. Worked as a technical consultant on SAP monitoring survey, PIHS II. Worked on the social sectors chapter of the latest Poverty Assessment Study of Pakistan.
- **1992-93.** The Population Council: **Berelson Fellow.** New York. Carried out research on education in Pakistan and rural women's work patterns.
- **1990-1994.** Pakistan Institute of Development Economics (PIDE): **Chief of Research** Demography Division. Islamabad. Responsible for developing research program for the Demography Division and supervising staff research.

Education

- **Ph.D.,** Medical Demography. London School of Hygiene and Tropical Medicine, 1982.
- **M.Sc.,** Demography. London School of Economics, 1975.
- **B.A.,** Economics. Wellesley College, Massachusetts, USA, 1974.

Awards

- Tamgha-i-Imtiaz (*T.I.*) was conferred by the President of Pakistan in 2006 in recognition of her meritorious services to the development sector in Pakistan.

Recent Publications

- **Journal Articles:**

2013. *Family Planning: A priority overlooked within Health*, The Lancet. [http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(13\)60763-1/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(13)60763-1/fulltext)
2013. *The Importance of Public Sector Health Facility Level Data for Monitoring Changes in Maternal Mortality Risks Among Communities: The case of Pakistan*, Journal of Biosocial Science, University of Cambridge (2013) with A. Jain et al.
2011. *Is Mobility the Missing link in improving girls' schooling in Pakistan?* Asian Population Studies with C. Callum and Minhaj Ul Haque.
2011. *Social stigma and disclosure about induced abortion: Results from an exploratory study*, Global Public Health (2011) with Shellenberg et al. (<http://dx.doi.org/10.1080/17441692.2011.594072>) Volume VI, Supplement 1, September 2011, pp.S111-S-125.
2011. *Managing unplanned pregnancies in five countries: Perspectives on contraception and abortion decisions*, Global Public Health (2011) with Tsui et al. (<http://dx.doi.org/10.1080/17441692.2011.597413>) Volume VI, Supplement 1, July 2011, pp.S1-S24.
2011. *Is Fertility Behaviour Changing in Pakistan? Evidence from Rural Punjab and North-West Frontier Province, 1997 and 2004* with Sharon Ghuman and Cynthia Lloyd, Asia-Pacific Population Journal, Vol. 25, No.1, June 2010.
2011. *Fertility Prospects in Pakistan*. UN (DESA), Population Division Expert Paper No. 2011/07.
2007. *Estimating Induced abortions in Pakistan*. Studies in Family Planning 38(1):11-22. Sathar, Zeba, Susheela Singh and Fariyal Fikree. 2007.
2007. *Stagnation in Fertility Levels in Pakistan* in Asia-Pacific Population Journal. 22(4)
- 2005 *Introducing Client-centered Reproductive Health Services in a Pakistani Setting*, Studies in Family Planning, Vol. 36, No. 3. with Anrudh Jain, Saumya RamaRao, Minhaj ul Haque and Jacqueline Kim (<http://www.popcouncil.org/pdfs/councilarticles/sfp/SFP363Sathar.pdf>)
2005. *Effect of Gender Differences in Primary School Access, Type, and Quality on the Decision to Enroll in Rural Pakistan*, Economic Development and Cultural Change, Vol. 53, No. 3. With Cynthia Lloyd, Cem Mete (<http://www.popcouncil.org/pdfs/wp/164.pdf>)
- 2003 *Schooling Opportunities for Girls as a stimulus for fertility change in rural Pakistan*, Economic Development and Cultural Change, Vol. 51, No. 3 (<http://www.popcouncil.org/pdfs/wp/143.pdf>)
- 2002 *Learning's Hidden Value*, Orgyn, Volume XIII, No.3.
- 2001 *Obstacles to Contracepting in Pakistan*. Studies in Family Planning, Volume 32, Number 2. With J. Casterline and Minhaj Ul Haque (<http://www.popcouncil.org/pdfs/councilarticles/sfp/SFP322Casterline.pdf>)
- 2001 *Women's autonomy in India and Pakistan: A question of region or religion*, Population and Development Review, Volume 27, Number 4. With S. Jejeebhoy (<http://www.popcouncil.org/pdfs/councilarticles/pdr/PDR274Jejeebhoy.pdf>)

- 2000 *Women's autonomy in the context of Rural Pakistan*, Pakistan Development Review, Volume 39, No. 2. With S. Kazi
1998. *The onset of fertility transition in Pakistan*: Population and Development Review, With J. Casterline. (<http://www.popcouncil.org/pdfs/councilarticles/pdr/PDR244Sathar.pdf>).
1994. Who gets primary schooling in Pakistan: Inequalities among and within families. *Pakistan Development Review* 33: (3). With C. Lloyd.
1993. *How female education affects reproductive behaviour in urban Pakistan*. Asian and Pacific Population Forum 6: (4). With Karen O. Mason.
1993. *Women in the urban informal labour market in Pakistan: Some economic and demographic implications*. Proceedings of the International Population Conference 3. Montreal. With S. Kazi.
1993. *Women's status and fertility in Pakistan: The most recent evidence*. New York: United Nations.
1992. *Child survival and changing fertility patterns in Pakistan*. Pakistan Development Review 31: (4).
1992. *The much awaited fertility decline in Pakistan: Wishful thinking or reality?* International Family Planning Perspectives, December.
1991. *Changes in mortality in Pakistan 1965-88*. Pakistan Development Review 30: (4).
1990. *Women, work and reproduction in Karachi*. International Family Planning Perspectives, June. With S. Kazi.
1989. *Female employment and fertility: Further investigation of an ambivalent association*. Pakistan Development Review 28.
1988. *Evidence of fertility decline in Karachi*. Pakistan Development Review 27: (4). With A. Akhtar.
1988. *Women's status and fertility change in Pakistan*. Population and Development Review 14: (3). With N. Crook, C. Callum and S. Kazi.
1988. *Birth spacing in Pakistan*. Journal of Biosocial Sciences 20: (2).
1987. *Sex differentials in mortality: A corollary of son preference?* Pakistan Development Review 26: (4).
1987. *Variations in demographic behaviour by levels of living in Pakistan*. Genus 43: (3). With S. Kazi.
1987. *Seeking explanations for high levels of infant mortality in Pakistan*. Pakistan Development Review 26: (1).
1986. *Delayed marriages in Pakistan*. Pakistan Development Review 25: (4). With F. Kiani.
1986. *Productive and reproductive choices: Report of a pilot survey of urban working women in Karachi*. Pakistan Development Review 25: (4). (With Shahnaz Kazi).
1985. *Infant and child mortality in Pakistan*. Journal of Biosocial Sciences 17: (3).
1985. *Differences in household characteristics by income distribution in Pakistan*. Pakistan Development Review 24: (3 & 4). With Shahnaz Kazi.
1984. *The effect of birth spacing on childhood mortality in Pakistan*. Population Studies 38: (3). With J.G. Cleland.
1984. *Reproductive behaviour in Pakistan-insights from the Population, Labour Force and Migration Survey*. Pakistan Development Review 23: (2 & 3).
1984. *Does female education affect fertility behaviour in Pakistan?* Pakistan Development Review 23: (4).
1983. *Birth spacing and mortality*. IPPF Medical Bulletin, August.
1979. *Rural-urban fertility differentials in Pakistan*. Pakistan Development Review 18: (3).
1978. *Length of working life of males in Pakistan -1973*. Pakistan Development Review, Spring.

- **Contributions in Books**

2013. *Capturing the Demographic Dividend in Pakistan*, eds. Z. Sathar, R. Royan and J. Bongaarts. Population Council, Pakistan.
2012. *The Importance of Population Policy in Pakistan, Development Challenges Confronting Pakistan*, eds. A. Weiss and S. Khattak. American Institute of Pakistan Studies (AIPS), Kumarian Press, Sterling, VA.
2012. *Pakistan's Population Prospects, 2010-2030: A Glass half full and half empty in Population Dynamics in Muslim Countries: Assembling the Jigsaw*, eds. H. Groth and A. Sousa-Poza. Switzerland, Springer; 2012 edition
2012. *Status of Family Planning in Pakistan in Family Planning in Asia & the Pacific: Addressing the Challenges*, eds. W. Zaman, H. Masnin and J. Loftus. International Council on Management of Population Programs (ICOMP), Malaysia.
2010. *Demographic Doom or Demographic Dreams: Pakistan at the Crossroads. Reaping the Dividend: Overcoming Pakistan's Demographic Challenges*, eds. M. Kugelman and R. Hathaway. Woodrow Wilson International Center for Scholars Conference Washington D.C.
2001. *Changes in family formation in Pakistan*. In Brass Tacks, eds. B. Zeba and J. Blacker. London: Oxford University Press. With F. Juarez.
2001. *Gender and demographic changes in Pakistan*. In Reproductive Change in South Asia, eds. Z. Sathar and J. Phillips. London: Oxford University Press.
2001. *Reproductive Change in South Asia*, eds. Z. Sathar and J. Phillips. London: Oxford University Press.
2000. *Greater Investments in Children through Women's Empowerment: The Key to Demographic Change in Pakistan?* With Valerie Durrant. Policy Research Division Working Paper. Number 137
2000. *Schooling Opportunities for Girls as a Stimulus for Fertility Change in Rural Pakistan*. Policy Research Division Working Paper. Number 143
2000. *Class and gender in rural Pakistan*. In Women, Poverty and Demographic change, ed. B. Garcia. London: Oxford University Press.
1996. *Women's education and autonomy as factors in fertility change in Pakistan*. In Girl's Schooling, Women's Autonomy and Fertility Change in South Asia, eds. A. Basu and R. Jeffery. New Delhi: Sage Publications.
1996. *Son preference in Pakistan's high fertility setting*. In Sex preference for children and gender discrimination in Asia, Korean Institute of Health and Social Affairs. UNFPA.
1996. *Population growth in Pakistan: Trends, policies and prospects*. In Travaux et Documents, eds. J. C. Chenais and J. C. Chastelaine. Paris: INED.
1994. *Infant mortality in Pakistan: Uneven risks in urban and rural areas*. In Maternal and Infant Mortality: Policy and Interventions. Karachi: Aga Khan University.
1993. *Micro consequences of high fertility: The case of child schooling in rural Pakistan*. In Fertility, family size and structure, ed. C.B. Lloyd. New York: Population Council.
1992. *Changing fertility patterns and child survival in South Asia*. In The young and the elderly, ed. D. Sawyer and S. McCracken. Belo Horizonte, Brazil: CEDEPLAR.
1991. *Women's roles: Health, education and reproductive behaviour*. In Finding our way, ed. F. Zafar. Lahore: ASR Publication.
1987. *Fertility control policy in Pakistan*. In Population policies of Asian countries, ed. K. Mahadevan. Sage Publications.

1984. *Intervening variables*. In Fertility in Pakistan: A review of findings from the Pakistan Fertility Survey, ed. I. Alam and B. Dineson. Voorburg, Netherlands.
1984. *Introduction*. In Fertility in Pakistan: A review of findings from the Pakistan Fertility Survey, ed. I. Alam and B. Dineson. Voorburg, Netherlands.
1978. *Quantification of unemployment and underemployment in Pakistan: Problems of conceptualization and measurement*. In Proceedings of the ILO Conference on employment planning and basic needs. Islamabad. With Dr. Makhdoom Shah.

- **Reports**

2013. *Post-Abortion Care in Pakistan: A National Study*. Islamabad. Population Council.
2011. *What's Population Policy got to do with it? Fertility change in Pakistan*. Paper presented in PAA annual meeting. Washington D.C. USA. Sathar Zeba and Peter Miller. 2011. (<http://paa2011.princeton.edu>)
2010. *Pakistan's Population Prospects: A Glass half full and half empty*. Country presentation at the World Demographic Association Expert Symposium. Zurich, Switzerland
2010. *Status of Family Planning in Pakistan*. Paper presented at the UNFPA-ICOMP Regional Consultation in Bangkok.
2009. *Examining fertility change and its impact on household poverty and welfare*. Background Paper for World Bank Pakistan Poverty Assessment Report. World Bank, Islamabad
2008. *Poverty Reduction Strategy Paper-II*. Poverty Reduction Strategy Paper Secretariat, Finance Division, Government of Pakistan. Islamabad.
2008. *What's hindering fertility decline in Pakistan? Perceptions and realities*. Paper presented in PAA annual meeting, New Orleans, USA. Sathar Zeba, Laura Reichenbach and Arshad Mahmood. 2008. (<http://paa2008.princeton.edu>)
2008. *Pakistan's Demographic Transition in the Development Context*. Population Council, Islamabad.
2007. *The Demographic Dividend Comes Home: Vision 2030*. Co Authored with Naushin Mahmood, Peter Miller and Aslam Chaudhry
2007. *Ensuring the Demographic Dividend in Pakistan*. Joint paper with the Planning Commission of Pakistan, Government of Pakistan, Islamabad and the Population Council, Islamabad
2006. *Fewer and Better-educated Children: The Impact of changing schooling and family planning services in rural Pakistan*. Population Council, Islamabad. (<http://www.popcouncil.org/pdfs/FewerBetterEducated.pdf>)
2004. *Unwanted pregnancy and post-abortion complications in Pakistan: Findings from a National Study*. Islamabad: Population Council. (http://www.popcouncil.org/pdfs/Unwanted_Pregnancy.pdf).
2003. *Adolescents and Youth in Pakistan 2001-02: A Nationally Representative Survey*. Population Council, Islamabad. (<http://www.popcouncil.org/pdfs/ayp0102.pdf>)
2000. *Investments in Children and Family Building Behaviour in Pakistan* Co Authored with Cynthia Lloyd, Minahj Ul Haque
1998. *Population and Development Policy for Pakistan*. Co-authored with UNFPA Working Group.
1997. *The Gap between Reproductive Intentions and Behaviour: A Study of Punjabi Men and Women*. Population Council, Islamabad.
1996. *The situation analysis of Village Based Family planning Workers*. Population Council. Co-authored with other Council staff.
1995. *Pakistan contraceptive prevalence survey 1994-95*. A publication of the Ministry of Population Welfare and the Population Council. Authored jointly with other Council staff.
1992. *Women's health and development*. UNICEF.

1991. *Demographic, women's status and social indicators: Trends, regional variation and relationships with poverty and income distribution*. Netherlands Aid Project.
1990. *Maternal health in Pakistan*. UNICEF.
1990. *Poverty and social services in selected villages in Sindh and Punjab*. World Bank.
1989. *Population policy and programme in Pakistan: Constraints, issues and suggestions for action*. Family Health International. With R. Rukkunuddin.
1989. *Demand for children and family planning*. In South Asia study of population policy and programmes. Islamabad: UNFPA.
1989. *Women's roles: Health and reproductive behaviour*. In South Asia study of population policy and programmes. Islamabad: UNFPA. With S. Kazi.
1989. *Demographic profile, prospects and projections*. In Rapid population growth: causes and consequences. World Bank.
1988. *Productive and reproductive choices of metropolitan women: Report of a survey in Karachi*. Islamabad: PIDE. With S. Kazi.
1984. *Socio-economic and demographic characteristics of the population in Pakistan: Findings of the Population, Labour Force and Migration Survey*. Islamabad: PIDE. With M. Ali and G.M. Zahid.

Other Professional Activities

- Co-Lead for the Performance Monitoring & Accountability Working Group of the Family Planning 2020 (FP-2020), United Nations Foundation, Washington D.C.
- Member, Institute of Development and Economic Alternatives (IDEAS), Lahore
- Member, Pakistan Bureau of Statistics, Statistics Division, Government of Pakistan, Islamabad
- Member, World Economic Forum, Network of Global Agenda Council on Population Growth, 2012-2013.
- Member, Taskforce on Population as a National Development Priority, Planning Commission of Pakistan, Islamabad
- Member, Aman Ki Asha, Healthcare Committee of Jang Group and Times of India
- Member, Pakistan Alliance for Post-abortion Care (PAPAC), Karachi
- Reproductive Health & Population Dynamics Advisor on the Technical Advisory Committee of the Journal of Pakistan Public Health Association, Health Services, Academy, Islamabad
- Member Board, United States Educational Foundation in Pakistan (USEFP), Fulbright Commission, Islamabad – Pakistan
- Member, Board of Directors, Rozan, Islamabad
- Member, Core Group, for the 10th Five Year Plan 2010-15, ex. Ministry of Population Welfare, Government of Pakistan, Islamabad
- Member, Pir Mehr Ali Shah, Arid Agriculture University Syndicate (UAAR), Rawalpindi – Pakistan
- Member, Social Policy and Development Centre (SPDC), Karachi – Pakistan
- Member, Board of Governors of National Trust for Population Welfare (NATPOW), Islamabad
- Former President of the Population Association of Pakistan (PAP), Islamabad - 2002-2004.

Languages

Urdu, English, French and some Arabic