Adolescent girls move to cities in the pursuit of better lives for themselves and their families. For the vast majority, migration can provide girls with the autonomy to make decisions about their lives and increase opportunity and prosperity. But for some girls, migration can lead to danger. Preventing the worst outcomes and helping girls succeed is essential to unlocking the benefits of migration. When migrant girls can take advantage of the benefits, they can be a powerful force for change in the developing world—improving lives and reducing poverty in their communities and nations.

When a migrant girl is successful, she creates a ripple effect through generations: families and future children will be better off because of her ability to finish school, get a job, and stay healthy. Despite the positive potential of migration for adolescent girls, migrant girls are largely ignored in current policies and programs designed to reach migrants and adolescents.

With this need in mind, the Population Council developed Girls on the Move: Adolescent Girls and Migration in the Developing World, a new report in the Girls Count series. The report is the first of its kind to examine the social and economic drivers of internal migration for adolescent girls in developing countries, and the links between migration, risk, and opportunity. The authors explore a wide range of evidence on migrant girls, including findings on programming, and lay out a bold action agenda for increasing the visibility of migrant girls, reducing their vulnerability, and realizing their full potential.
TAKE ACTION FOR MIGRANT GIRLS

1. **Prepare and equip girls before they migrate**
   Ensure education, life skills, knowledge of rights, IDs.

2. **Ensure a smooth landing for migrant girls**
   Reduce isolation through safe places to stay and links with trusted individuals.

3. **Build a safety net**
   Create time and space for migrant girls to meet with peers, mentors, and support networks.

4. **Make health and education services “migrant girl friendly”**
   Ensure service providers are sensitive to age, sex, and migration status.

5. **Test innovative ways to prepare migrant girls for success**
   Investigate ways to develop girls’ assets before things go wrong.

6. **Focus on the most isolated and vulnerable**
   Design girl-only approaches to reach domestic workers, child brides, & sexually exploited girls

7. **Fill critical evidence gaps**
   Illuminate age- & sex-disaggregated internal migration rates using new and existing quantitative data. Develop qualitative and longitudinal studies to shed light on migrant girls’ experiences, as well as to evaluate and improve programs.

8. **Increase migrant girls’ visibility through policy and advocacy**
   Maximize the benefits of migration for adolescent girls by increasing their visibility in policy engagement and advocacy efforts.

Visit [www.popcouncil.org/girlsonthemove](http://www.popcouncil.org/girlsonthemove) for more information and resources.